

Volunteer Blood and Platelet Donor Weight Standards

MALES 17 - 22 years of age: Must be 5 feet tall and weigh at least 110 pounds.

Males older than 22 years of age: Do not have a height requirement but must meet the weigh of 110 pounds.

FEMALES 17 - 22 years of age: Must be 5 feet 6 inches tall and weigh at least 110 pounds.

Females older than 22 years of age: Who are shorter than 5 feet 6 inches tall can donate if they meet the requirements on the table below.

Females who are:	≥ 4'10"	≥ 4'11"	≥ 5'	≥ 5'1"	≥ 5'2"	≥ 5'3"	≥ 5'4"	≥ 5'5"
Must weigh:	≥ 146	≥ 142	≥ 138	≥ 133	≥ 129	≥ 124	≥ 120	≥ 115