

We want you to feel in control of your health. Asking the right questions can make sure that you have the information you need to make smart choices about your health and lifestyle.

1. Why do I feel dizzy when I stand up?
2. I'm having more trouble breathing lately – is this normal?
3. I'm feeling depressed and lonely lately. Where can I get help?
4. How do I know if my memory loss is normal?
5. What are signs of dementia and Alzheimer's?
6. When do I need a hearing aid?
7. Can you help me quit smoking?
8. Are there ways to prevent vision loss?
9. Do I still need to get mammograms and an annual physical exam?
10. What is my diagnosis?
11. What is the purpose of the medication?
12. How will the medication affect me?
13. Are any follow-ups needed?
14. Do I need any special nutrition?
15. Do I need any supplements or vitamins?
16. What is my risk of falling?
17. What should I work on for the next visit?