

# **Pediatric Endocrinology and Diabetes Fellowship Handbook of Policies and Procedures**

**Department of Pediatrics  
Division of Endocrinology and Diabetes  
The University of Texas Health Science Center at San Antonio**

**Division Interim Chief & Program Director: Jane L. Lynch, M.D.  
Assistant Program Director: Carisse Orsi MD**

UTHSCSA Pediatric Diabetes & Endocrinology Faculty:

Jane L. Lynch M.D.  
Carisse Orsi M.D.  
Maria Rayas MD  
Elia Escaname MD  
Gary Francis MD

Department of Pediatrics  
Division of Endocrinology and Diabetes  
UT Health at San Antonio  
7703 Floyd Curl Drive  
San Antonio, Texas 78284

210-567-5283 telephone  
210-567-0492 fax

**Pediatric Endocrinology and Diabetes Fellowship**

## Handbook of Policies and Procedures

### Contents

|   |           |
|---|-----------|
| <b>Vision for the Fellowship of Pediatric Endocrinology and Diabetes</b>    | <b>3</b>  |
| <b>Philosophy of the Fellowship of Pediatric Endocrinology and Diabetes</b> | <b>3</b>  |
| <b>Requirements for Admission to the Fellowship Program</b>                 | <b>3</b>  |
| <b>Fellowship-related Conference Schedule</b>                               | <b>4</b>  |
| <b>Goals of Clinical Experience</b>   | <b>6</b>  |
| <b>Clinical Responsibilities</b>  | <b>7</b>  |
| <b>Fellow call schedules</b>  | <b>8</b>  |
| <b>Guidelines for Fellow Attendance to Patients</b>                         | <b>9</b>  |
| <b>Clinically Related Activities</b>  | <b>9</b>  |
| <b>Learning Objectives – Program Overview and Core Competencies</b>         | <b>11</b> |
| <b>Core Competencies and Specific Learning Objectives- attached</b>         |           |
| <b>On Call Responsibilities</b>   | <b>13</b> |
| <b>Research</b>   | <b>14</b> |
| <b>Research Timetable</b>   | <b>15</b> |
| <b>Evaluations</b>  | <b>16</b> |
| <b>Pediatric Boards, Endocrinology/Diabetes In-Service Examination</b>      | <b>17</b> |
| <b>Faculty Advisors</b>   | <b>17</b> |
| <b>Specific Policies</b>  | <b>17</b> |
| <b>Moonlighting</b>   | <b>17</b> |
| <b>Family Emergencies</b>   | <b>18</b> |
| <b>Dress code</b>   | <b>18</b> |
| <b>Malpractice Insurance</b>  | <b>18</b> |
| <b>Resident Selection</b>   | <b>19</b> |
| <b>Resident Evaluation</b>  | <b>20</b> |
| <b>Resident Promotion</b>   | <b>21</b> |
| <b>Resident grievance and appeal</b>  | <b>22</b> |
| <b>Evaluation of faculty, educational experience, and program</b>           | <b>23</b> |
| <b>Resident work hours</b>  | <b>23</b> |
| <b>Fellow Supervision</b>   | <b>25</b> |
| <b>Senior fellow status</b>   | <b>25</b> |
| <b>Resources Available</b>  | <b>28</b> |
| <b>Block Schedule</b>   | <b>29</b> |

### **Vision for the Fellowship of Pediatric Endocrinology and Diabetes**

The Division of Endocrinology and Diabetes of the Department of Pediatrics at the University of Texas Health Science Center at San Antonio provides training in both the clinical and basic science of pediatric endocrinology and diabetes, under the tutelage of qualified academic practitioners. Appropriate trainees are general pediatricians, who are board certified or eligible, and who possess a desire to sub-specialize in Pediatric Endocrinology and Diabetes. We emphasize the science of medicine, combined with an appropriate appreciation of the art of medicine, in providing humane patient and family centered care. We also strive to prepare our trainees to contribute to the fund of scientific knowledge through either clinical or basic science research. Training received with successful completion of this program will prepare one to undergo and successfully pass examination by the sub-board of the American Board of Pediatrics for Endocrinology and Diabetes and to practice in an academic or private practice pediatric endocrinology and diabetes setting.

**Aims:**

Improve the health in our community with innovation, education and discovery. Our fellows engage in research to understand health and disease.

Train fellows to deliver high quality pediatric specialty pediatric care to patients of Bexar County and South Texas. Attending physician and clinical environment provide a role model for compassionate and culturally proficient health care.

Engage in our community to improve health of youth with obesity and diabetes.

**Strategies:**

- Serving on a variety of University, community, state, and national and international committees, boards, agencies, and other administrative bodies
- Collaboration with pediatricians and other pediatric specialty care services
- Provide medical education and training to medical students, residents, fellows, as well as students and practitioners of other disciplines to promote interprofessional collaboration;
- Strategize to welcome and recruit diverse health care providers and scientists as collaborators and trainees
- Influence and advocate for pediatric subspecialty thoughtful advances in health policy

**Philosophy of the Fellowship of Pediatric Endocrinology and Diabetes:**

Pediatric endocrinology and diabetes residents are accepted into the program to train, apprentice, and receive mentoring from the Faculty of the program. While supervised clinical experience is certainly an important facet of this training, it is not the responsibility of the Resident to replace the Endocrinology and Diabetes Faculty at the bedside or reduce the clinical responsibility of the Faculty. The Faculty serves as a resource and convenience to the resident. The Pediatric Endocrinology and Diabetes Division is not meant to be dependent on Fellow service, but rather an educational program to train strong pediatric sub-specialists.

**Requirements for Admission to the Fellowship Program:**

1. Completed application form and curriculum vitae submitted on ERAS
2. Successful completion of a General Pediatrics Residency approved by the American Board of Pediatrics and the ACGME.
3. Board certification or eligibility to take the specialty examination offered by the American Board of Pediatrics.
4. Original university, professional school, and FLEX/National Board/USMLE transcripts (mailed directly to me from the institution at your request) as well as FMG registration certificate if relevant, with notary-certified English translations of all international university degrees and graduate training certificates.
5. A minimum of 3 letters of reference from recent supervising faculty (it is suggested that one letter be from the Chairman of Pediatrics or the Residency Program Director and another from one of the Faculty Endocrinologists).
6. A personal statement that details reasons for pursuing a career in Endocrinology and Diabetes and future goals professionally.
7. Fulfillment of criteria to obtain a permanent Texas Medical License.
8. United States Citizenship or permanent visa. (See the Policy, "Resident Selection" in section "Specific Policies.")

Additional documents may be requested subsequently in accordance with university policies and procedures. Competitive applicants will be invited to schedule a visit to San Antonio for meetings with program faculty and staff. Employment is contingent upon successful clearance of the applicable sanctions and security checks according to current university policy and regulations

**Fellowship-related Conference Schedule:**

The Division and University of Texas Health Science Center offers a number of conferences as mentioned elsewhere in the handbook. The fellows are strongly encouraged to attend as many as they are able to. The weekly Friday morning Pediatric Endocrine and Diabetes case conference discussions/journal club and didactics, Friday Pediatric Grand Rounds and Monday Endocrine Grand Rounds are mandatory. Attendance at the Tuesday Diabetes Journal Club is strongly encouraged. (Fellowship Survivor Handout distributed with summary as well)

1. The weekly Fellows' and Resident Case Conference. This is currently set for every Friday morning.

2. The Friday morning Pediatric Grand Rounds and the Monday afternoon Adult Endocrine Grand Rounds each week are mandatory. Each fellow is expected to present at Departmental Grand Rounds once prior to completion of his or her fellowship.
3. The Diabetes Journal Club is held each Tuesday afternoon with a preceding didactic session alternating with endocrine didactics lectures, as well as separate thyroid cytopathology and nuclear medicine related topics related to endocrine cases. These conferences are strongly recommended.
4. Pediatric Journal Club should be attended when relevant topics are discussed. Fellows are given the opportunity to attend the Pediatric Division Morbidity and Mortality Review monthly and/or participate in Division matrix grid patient event review at the Friday conference.
5. Fellows assigned clinical service is required to schedule daily Endocrinology and Diabetes service rounds with the Attending. Their role is graded by their level of experience and training.
6. Pediatric Medical Research conferences are held at the Medical School. Fellows should be aware of the topics & attend when possible during research months.
7. A case conference schedule rotates with MRI/neurosurgery takes place one Thursday each month to discuss endocrinology topics for an hour.
8. Adult and Family Practice Grand Rounds are held on a weekly basis and available for attendance
9. There is an intensive review of diabetes and metabolism course organized by Dr. DeFronzo every other year. These lectures replace the Diabetes Journal Club and Endocrine Grand Rounds on the related dates.
10. There is an annual conference hosted by the Pediatric Endocrine Society of Texas, Oklahoma, Louisiana and Arkansas ("Pestola") with pediatric endocrine lectures on focused topics.
11. Medical Ethics, Evidence Based Medicine, Grant Writing and Professional Teaching skills courses are offered for fellows with specific curriculum and coursework during PGY4-&6 years. These are outlined in more detail in the Scholarship Oversight Committee handout.

Fellows will participate in the Fellow's Conferences and the Division of Pediatric Endocrinology and Diabetes weekly conference by regularly preparing and presenting a topic, as well as attending. Each fellow will present conferences in rotation with the attendings, and it is estimated this will mean approximately one presentation per month.

#### **Goals of Clinical Experience on Clinical Service**

1. Develop proficiency in Pediatric Endocrinology and Diabetes clinical care.
2. Learn to assess patients with endocrine and diabetes emergencies and to oversee immediate therapy.
3. Develop a rapport and educate family members of patients with endocrine disease.
4. Learn how to make the various disciplines that interact in the division and hospital setting work together as a team through demonstration of mutual respect for each person's special skills and talents.
5. Gain experience and skill in the treatment of diabetic ketoacidosis and endocrine emergencies.
6. Develop skill as the coordinator of various specialties that are jointly managing difficult cases and chronic care.
7. Improve teaching skills of residents, medical students, nurses, nutritionists, and social workers.
8. Learn to appreciate the role played by each member of the Endocrine and Diabetes care team.
9. Serve as an example to other members of the division care team with one's professionalism.
10. Develop management skills. Learn to delegate tasks appropriate

**Clinical Responsibilities**

1. When taking call, the on-service Endocrine and Diabetes Fellow is expected to provide sign-out each morning to the Attending division member on call.
2. The on-service Endocrine and Diabetes Fellow is expected to have reviewed all patients in the hospital, with special attention to any new admissions, prior to clinical rounds.
3. The on-service Fellow is required to participate and contribute to discussion on rounds, to stimulate discussion, to query house staff, suggest broader differential diagnosis, and offer alternative management plans.
4. Fellows will actively participate in the arrangements for endocrine stimulation testing done in the outpatient clinics. Patients are examined and interviewed following a chart review. The Fellow will participate in the stimulation test orders and be responsible for understanding the basic skills and principals of this testing for the variety of appropriate endocrine conditions. Interpretation of the test results will be done under the supervision of the patient's attending.
5. The fellow will have graded responsibility through their period of training. Initially the fellow will be expected to participate in all consults by performing them under direct supervision and instruction by the attending physician. As the fellow gains competence he/she will help teach the general pediatric residents the knowledge appropriate for general pediatricians. The fellow's teaching will be supervised by the attending physician as appropriate. Fellows are expected to keep a log of all consults and patient cases using stickers.
6. Fellows are responsible for evaluation of all new admissions to the hospital if they occur during their weeks on call or during the clinical rotation times. The fellow should write an admission note on endocrine patients with appropriate history, physical exam, assessment, and plans. The junior fellow should review all admissions with the responsible attending or senior fellow.
7. Fellows play an important role in the education of the General Pediatrics Residents. While writing orders directly may often be the easier path, the fellow should supervise the resident in the writing of orders and provide educational materials, teaching as much as possible.
8. The fellow should review the house staff and medical student progress notes daily. The fellow should add any insights he/she has and should document their involvement with patients, and include their assessment and plans.
9. Teaching for newly diagnosed patients with diabetes should be a skill acquired by the Fellow by first observing, then participating and finally providing education under the supervision of the CDE nurse and Attending.

10. On-call nights and weekends are an opportunity for the fellow to broaden his/her clinical experience, add to his/her familiarity with various illnesses and procedures, and to teach house staff. The fellow should expect involvement by the on-call faculty that is appropriate to the experience of the fellow and the degree of illness of the patient.
11. The fellow must maintain good communication with families, primary care physicians, primary service physicians or surgeons, and the rest of the team. The fellow must notify the attending of significant events, deteriorations, or complications as soon as possible.
12. The fellow will maintain a weekly continuity clinic for ongoing care of patients with Endocrine or Diabetes disease. Visits will be supervised by an Attending Physician in the division and the encounters will be completed in a timely manner. Communication with referring physicians will be prompt and dictations will be reviewed by the Attending.

#### **Fellow call schedules**

- The call schedule will be developed by the program director, after each fellow has been given the opportunity to express his or her preferences.
- Fellow preferences must be submitted to the program director by the 1st of each month, for the next month.
- Changes can be made for issues of personal preference after the schedule comes out in the rare instance that an individual fellow has unexpected personal commitments. These changes must be reported to the program director as soon as possible. We ask that changes made after the schedule comes out be kept to a minimum. When call days are changed it is the responsibility of the particular fellow to make sure the change is acceptable to all other members of the program who are affected by the change. Also, the proportion of weekdays and weekend days should remain the same with major and minor holidays divided.
- When not on call, fellows are not expected to come in on weekends.
- Holidays will be treated the same as weekend days in terms of fellow responsibilities. The Holidays recognized by the UTHSCSA will be those recognized by the Division.
- Night call is taken from home and will be scheduled in one week blocks.

Please see the policy, "Resident Work Hours," in the section on specific policies.



**Guidelines for Fellow Attendance to Patients in the Hospital When On- Call**

When on-call, the Endocrine and Diabetes resident (fellow) is supervising and assisting the general pediatric residents in the care of the patients in the Medical Intensive Care Unit, Neonatal Intensive Care Unit and on the hospital wards

On all pediatric service patients, the general pediatric resident is the first call physician. The Endocrine and Diabetes fellow must see and evaluate all critically ill patients and assist the general residents in formulation of assessment and plans. The fellow should generally encourage the pediatric residents to see the patients, develop their own assessment and plans, and then review this with the fellow so as to assist the general residents' development of clinical skills. When the patient is unstable the fellow should immediately assist the resident in stabilization and contact the division attending. This requires good judgment as to how to weigh the objectives of resident education with patient safety and quality of care.

The junior fellow should immediately inform the attending or senior fellow of unstable patients. The junior fellow should discuss the care of all critically ill patients with the attending or senior fellow in a timely fashion.

The attending physicians do not take in-house call. The attending physician must allow an appropriate level of independence to the fellows. This must be graduated through-out the fellowship. The attending should review the care of all endocrine and diabetes patients with the first year fellow in a timely fashion. Senior fellows are to function as "Acting Attending Physicians." It is important that the faculty attending always be available to assist and guide the senior fellow, while allowing a broad independence to the senior fellow. At least once daily the senior fellow and faculty attending are to round and review the care of the patients and discuss management options and review appropriate literature and principles.

**Clinically Related Activities**

**Administrative Duties:** Learning to manage the ill child is not sufficient to be a successful endocrine or diabetes sub-specialist. One must master the many administrative skills that are involved in the management of a complex chronically ill patient. The fellow is expected to observe directly how to improve patient care through a multidisciplinary approach.

**Ethics:** Each fellow will participate in a medical ethics course offered by during the first or second year of training. In addition, Medical Ethics topics are included in the Fellow's Conferences and in the Clinical Case Conferences and teaching rounds.

**Documentation of Proficiency in Patient Care:****Fellow Log:**

All Pediatric Endocrine and Diabetes Fellows are required to maintain a personal log of all consults and patients seen during their training using a log book with stickers. This data will serve the following purposes:

1. Demonstrate proficiency to the sub-specialty board.
2. Demonstrate proficiency when applying for clinical privileges.
3. Maintain data for fellowship accreditation purposes.
4. Document an appropriate exposure to the diagnosis related to the sub-specialty field of Pediatric Endocrinology and Diabetes.

Each entry should include an MRN to access the following data:

1. Diagnosis
  2. Date
  3. Co-morbidities
  4. Complications
  5. Patient name
  6. Supervising attending physician
- To document proficiency in the various diagnoses, the fellow must be directly observed for a minimum number of clinic visits and consults where he/she demonstrates to the senior fellow or attending faculty physician observing that he/she understands the disease pathophysiology, understands the differential diagnosis and therapy options. Clinic visits will be promptly typed with the Attending Physician reviewing and co-signing the note as well as reviewing laboratory results with the Fellow.

The fellows will enter this information into logbook database which allow the program director to monitor the exposure that the fellow has had and to then review evaluations from the Attendings observing the fellow's skills.

The fellow should be observed and have the supervising physician document proficiency to the fellowship director to determine they have met the requirements for clinical care. They should, however, continue to keep a log of all patients seen throughout the fellowship.

Evaluations will be collected monthly with a 360 degree evaluation included biannually with family, nurse, staff and physician input collected.

### **Advanced Life Support Certification**

All fellows are required to maintain certification in the American Heart Association Pediatric Advanced Life Support Course and CPR during their fellowship. Course tuition may be waived for all University physicians to the above courses when offered at the University Hospital.

### **Learning Objectives – Overview of Program**

The goal of the Program is to provide the Pediatric Endocrine and Diabetes fellow every opportunity necessary to become a highly competent clinician, an outstanding educator, and a valuable academic faculty, should the fellow chose that career course. To this end, the following specific goals must be met. The graduate of this program should have been provided with the training necessary to:

- Understand the basic science necessary to attain expert level understanding of the pathophysiology and treatment options for endocrine and diabetes illness.
- Understand the clinical evaluation and treatment of endocrine and diabetes diseases at an expert level.
- Have a broad and deep understanding of the basic science and clinical literature related to the practice of endocrine and diabetes medicine.
- Have an expert level understanding of investigative methods and interpretation of the relevant scientific and medical literature.
- Have a dedication for lifelong learning and a desire to keep up with medical advances and a realization that no physician has ever trained long enough to fully master the science or the art of effective and humane medical care. That an excellent physician must dedicate him/herself to lifelong pursuit of new knowledge and improved skills for the care of people suffering from endocrine and diabetes diseases.
- Have a firm grasp of the ethical, moral, and cultural issues which bear on the person suffering illness and on society as it must grapple with how to provide such care, or on the individual health care provider.
- Have a continued maturation and growth in all the skill areas of the core competencies attained in the general pediatrics residency.

These goals are attained over the course of the Fellowship. Below is an overview by year and following are goals for fellowship progression of skills.

Year 1: During this year the fellow develops basic understanding of the science of care of pediatric endocrine and diabetes patients and obtains experience in the care of such patients by working closely with both the general pediatric residents and the faculty in the inpatient and outpatient setting. The supervision by the faculty is mostly on site, in person, and readily available day and night. The fellow is expected to have already developed strong skills in the core competencies and in the general care of sick patients. The fellow is expected to have already developed general excellent clinical judgment but now needs to take those skills and add the knowledge base and experience necessary to understand the care of endocrine and diabetes patients at an expert level. The fellow will function at a level between

that of a general resident and the faculty. The fellow will develop assessment and plans with the general residents and then review the evaluation with the faculty physician.

During this year the fellow also learns by didactics and is strongly encouraged to read extensively. By the end of this year the fellow should have comprehended the level of material presented in the basic textbooks of pediatric endocrine and diabetes, as well as have developed a much deeper and broader understanding of several areas of clinical care by reading the extensive medical literature and original studies. Much of this deeper learning should be guided by the patients seen. We expect the fellows to regularly search the medical literature for guidance on the care of their patients, and encourage that as a life long practice.

During this year the fellows are closely supervised in the performance of the consults and clinic visits. They must review with the supervising faculty or senior fellow the symptoms, diagnosis, therapy and potential complications. They are asked to remain closely supervised until they have demonstrated competence as judged by evaluations and the program director. By the end of the year they should have attained competence in most of endocrine and diabetes areas.

During this year the fellow should investigate possibilities for their area of research and should learn basic clinical research methods by taking the two-week intensive clinical investigation course offered in the winter every year. See the section on research timetable. Approximately three months will be dedicated to research during the first year of fellowship.

Year 2: This year is intermediate. The level of responsibility is very similar to year one, except that the closeness with which the faculty will supervise is individualized to the fellow and to the clinical circumstances. The fellow and faculty physician still discuss the management of each patient, but the faculty should encourage more decision making and critical thinking by the fellow. Effort to see and participate in the care of patients with a rare diagnosis will be encouraged throughout the year, even during months dedicated to research.

The fellow is expected to have attained by this time the level of knowledge available in a basic pediatric endocrine and diabetes textbook. The fellow will continue to learn by didactics but is expected to exhaustively review the relevant scientific and clinical literature on their patients and on specific difficult clinical situations. Emphasis on the reading for this year is original literature and evaluation of the medical literature by critical reading.

The fellow is progressing with the research component at this time, as reviewed under research timetable. Approximately nine months will be dedicated to the research project with a goal of presenting the initial research hypothesis, plan and progress mid-year to the Scholarship Oversight Committee.

By the end of this year, the fellow is to take the Medical Ethics Course, the grant writing course and the evidence based medicine course. There are several Endocrine specific preceptorship and didactic courses offered on a national level which are relevant to the curriculum of the second and third year of fellowship. There is an emphasis on grant writing for funding based on data and ideas generated during the second year of fellowship.

Year 3: By this year, the fellow should have attained clinical competence in the care of ill endocrine and diabetes patients. He/she has not yet totally mastered clinical care, but has developed the level of competence to proceed to more independent care of the patients with consultation with the faculty physician. The faculty physician is always immediately available to consult and to see the patients and will review the clinical care at least once daily with the fellow for the purposes of encouraging the fellow to think critically and maturely about the problems presented. The faculty physician still retains ultimate responsibility and so also has a supervisory role, but the fellow is to run the academic service and function as an acting attending for three months of the third year. Please see the “Senior Fellow Status” description of this role. The primary goal of this year is for the fellow to gain experience and maturity and to develop the skills to run an academic service and to develop leadership skills.

The research work should be completed this year as reviewed in the research timetable section.

#### **Core Competencies and Specific Learning Objectives:**

Many of these are expected to have been attained in general residency training. The Program believes these core skills require lifelong dedication to learning and excellence. The program provides training in these as outlined in the Learning Objectives and Core Competencies attached at the end of this document.

#### **On - Call responsibilities:**

Year 1: In addition to nine months on clinical service time, the goal of on-call time is to gain experience with the evaluation and initial treatment of endocrine and diabetes patients in a slightly more independent role than the daytime rotation. It is to be emphasized that the on-call experience is not autonomous and is supervised by the attending physician by phone and in person as is indicated. For all critically ill patients, the fellow should notify the attending physician and review the assessment and plans. Call will take place from home in alternating one week blocks divided between fellows during the months assigned to clinical rotation.

Year 2: There will be three months of clinical rotations with home call rotated in one week blocks with the other fellows and division Faculty. This is very similar to the first year, with the understanding that it is expected the fellow will be increasingly independent in his/her development of assessment and plans. The attending physician and individual fellow should have an explicit discussion about level of responsibility, roles of teaching on rounds, and clinical supervision. It would be anticipated that most fellows early in their second year would still be supervised fairly closely by the attending, but by the end of the year more autonomy of the fellow is allowed. There should still be frequent discussions between the attending and fellow about the management of the ill patients and the attending should always be immediately available. Weekend call when on research months is scheduled in advance with attention to requested vacations and conferences.

Year 3: The fellow will still need to gain experience and knowledge in all the areas mentioned above, but in addition, the goal of this year is to develop more independence and leadership skills. Clinical months and research month weekend call is scheduled in advance with attention to requested vacations and conferences.

The fellow will still be supervised as appropriate by the attending. The attending will still be responsible, but the fellow will have opportunity to act as an attending and will run rounds. The fellow will have a high degree of responsibility for patient care, communication with family, and education of the team of students and house staff. Ideally, the attending will be less present but will round daily with the fellow and will always be available to assist the fellow. The attending will maintain adequate familiarity with the patients to accept responsibility and to ensure the fellow and the residents have an optimal learning experience. The level of responsibility and supervision is described in more detail in the “Senior Fellow Status” section.

The fellows at all levels should develop a sense of responsibility for the care of all patients. They should supervise the general pediatric residents and help them with development of assessment and plans and the coordination of follow-up care.

#### **Assessment and Evaluation - all years**

The attending physicians will communicate daily with the fellow about the appropriateness of decisions and care rendered by the fellow- and will see and examine all patients. The attending will have the responsibility to address deficiencies as they arise. At the end of every month the attending will complete a written evaluation of the fellows performance and will discuss with the fellow any areas of significant concern or areas in which the fellow is particularly skilled. Also note the relevant policy on “Resident Supervision” and “Resident Evaluation.”

#### **Research**

Learning the methods and science behind meaningful scientific inquiry is an integral part of fellowship training. We aim to train physicians who understand the depth and breadth of the field of pediatric endocrine and diabetes medicine. It is imperative that pediatric sub-specialists have a firm understanding of research methods and that they have had first hand experience designing, conducting, and reporting scientific inquiry in their chosen field.

The Department of Pediatrics will assign to all fellows a Research Oversight Committee composed of at least three faculty members who are accomplished at scientific inquiry and research methods. This committee will guide the fellows in developing the particular research plan for each fellow and will oversee the research education of each fellow. In addition, during the first year of fellowship, each

fellow will identify a research mentor. Prior to completion of training, it is expected that each fellow will have developed significant skill in some basic or clinical science investigative techniques and the science of experimental design. It is hoped that each fellow will have authored several abstracts for national meetings, made a presentation at a national meeting (poster or oral), and have at least one first authored article submitted, reviewed, revised, and accepted for publication in a quality peer-reviewed scientific journal.

With each formal evaluation session, research goals will be included in those discussed by the fellow and the Program Director. These same goals should be reviewed with the research mentor. All research mentors are aware of the Board requirements and will tailor projects to fit these needs specifically. In other words, fellows will assume projects which have a known working model and a realistic time frame for completion during fellowship.

The Division applauds any successes by its members and wants to nurture the development of young investigators. The Division will fund travel for any abstract that is accepted for presentation a national meeting. It is the goal this program that not only should the fellow satisfy the research requirements of the Board, but also develop some degree of expertise in investigative science. If a fellow should decide to follow a career of academic basic science investigation as a result of their exposure in the fellowship, it is the goal of this Division that the research experience gained at the UTHSCSA is a solid foundation for a successful career.

*Research log:* All fellows should keep a weekly log of activities during their research rotation in order that they can demonstrate to the American Board of Pediatrics their own time commitment to research during the fellowship. This log should be available for review by the Program Director at each evaluation.

A research methods and statistics course is given yearly by the Medical School to provide didactic instruction on the basics of clinical and basic science research. This is a required two week, full time course required near the beginning of the fellowship. There will also be didactic instruction on statistics and clinical research methods in the Division conferences. In addition, fellows may consider applications for funding the formal training in the Master of Public Health Program associated with the UTHSCSA. Statistical consultation is also available by request for specific research projects.

### **Research Timetable**

The American Board of Pediatrics, Sub board for Endocrinology and Diabetes takes the research requirement very seriously. In view of that, the fellows are strongly urged to set specific goals to be accomplished by certain dates. The following is a suggested timetable.

Year 1, months 1 - 6: Gain experienced in clinical pediatric endocrinology and diabetes care. This would be a good time to have several clinical rotations in a one month block in the Adult Endocrinology Division as well.

Year 1, months 7 - 12: Broaden knowledge of the medical literature of pediatric endocrine and diabetes care - both basic and clinical science. Three months of time will be dedicated to formulate a research interest and read intensively on the areas of possible interest. Identify a mentor by meeting with various Faculty and their respective research staff and research meetings. By the end of the first year the fellow should have decided on the general area of research and have a mentor. The fellow should have sufficiently explored the medical literature on the area of interest to have a good grasp of what research questions exist. The fellow should present his/her interests and plans at a divisional research meeting and the Scholarship Oversight Committee.

Year 2, months 1 - 6: Formalize hypotheses and write research protocol. Obtain IRB approval if clinical research (this one step will take several months, and prior to applying for IRB approval, the research protocol must be fully developed). Secure any required sources of funding. By this time, lab space and lab resources should be identified and secured, if basic science. By the end of this period the fellow should have either already started the actual protocol(s) or be completely ready to. All logistic issues should be resolved.

Year 2, month 7 - first half year 3: Complete project, begin analysis of data, and explore further issues which may need to be tested. By the second half of 3rd year, the fellow should have enough accomplished that he/she can confidently expect to be able to prepare a manuscript the last half of the third year.

This timetable is of course, only a guideline. Obviously the latter stages are hard to predict, particularly since one cannot be certain of what the results will be until the research is performed. This makes the initial stage even more important to accomplish on time. The timetable for the first year and a half should be regarded as the longest one can take to accomplish these goals, and it would be ideal to have this all accomplished by the end of year one.

### **Evaluations:**

The Pediatric Endocrinology and Diabetes fellows are formally evaluated on a quarterly basis by the on-service attending, supervising faculty on elective or research staff and faculty. This evaluation is in writing, and records of these evaluations are confidentially maintained by the Program Director. The residents have the opportunity to read and sign their evaluations. Copies will be provided if so desired. Every six months, as part of a mandatory meeting, the fellow will meet privately with the Program Director & Assistant Program Director to discuss recent evaluations, progress, deficiencies, accomplishments, and problems. Both immediate and longer term professional goals for the fellow will be reviewed and



discussed. More frequent meetings may be requested by the fellow. While the value of these evaluations is stressed, the process should be completed in a non-threatening manner.

If the fellow has any significant disagreement with any specific evaluation, it is the privilege of the fellow to place a written response in his/her evaluation folder. The fellow is encouraged to discuss any such disagreement with the evaluator informally. If agreement cannot be reached, the Program Director and the Division Chief will meet with both parties to mediate. Under such circumstances where the matter still does not achieve resolution, the Chairman of the Department of Pediatrics will review the matter.

Fellows also participate in the evaluation process by completion of a periodic evaluation of the program and faculty. Also, fellows are encouraged to informally discuss strengths and weaknesses in the program with its Faculty, especially the Program Director.

#### **Pediatric Endocrinology and Diabetes In-Service Examination**

To become Board Eligible for an initial subspecialty certifying exam, the ABP requires candidates to have achieved initial certification in general pediatrics, and to maintain that general pediatrics certification in order to take the subspecialty examination. In addition, applicants are required to complete training in an ACGME accredited fellowship program, complete scholarly activity and maintain full state licensure. It is the expectation of the Department of Pediatrics that a fellow pass the initial certifying examination within two attempts, with fellows strongly encouraged to take the certification exam first during their PGY-4 year; if not previously passed. Only those fellows with significant extenuating circumstances will be allowed to postpone their general pediatrics certification exam during the PGY-4 year. Pre-approval by the Chairman of Pediatrics or Vice Chair of Academic Affairs is required for this exemption to be granted. Incoming PGY-4 fellows without pre-approval who chooses not to take the certification exam in their PGY-4 year will only be given one additional opportunity to pass the exam during their PGY-5 year, no exceptions.

Fellows who fail to pass the certification exam in both the PGY-4 and PGY-5 years will become ineligible to complete their ACGME certified fellowship training within our program, and their fellowship contract will not be renewed for the third year of subspecialty training. They will be allowed however to complete their PGY-5 year. If the subspecialty fellow successfully passes that initial certifying examination after leaving the program, they may be reconsidered for their final year of training provided: 1. They have successfully met criteria to receive full credit for their PGY-4 and PGY-5 years, 2. There is an available PGY-6 position including funding and 3. They remain eligible to complete an ACGME accredited fellowship program. Fellows may also elect to finish their training in another program.

If a fellow is pre-approved to postpone their certification exam during the PGY-4 year, and then fails to pass the exam on their first attempt in their PGY-5 year, then they will be able to move on to their PGY-6 year; however, if they then fail to pass the exam on their second attempt during the PGY-6 year they will be immediately terminated on or before December 31 of the PGY-6 year, and they will not receive any credit for that year of training. Return to training in our program follows the same rules listed above.

An in-service examination (SITE) is required for all fellows during the fellowship. The American Board of Pediatrics has developed an endocrinology and diabetes in-service exam. This exam will be taken by each fellow at least twice during the training program. Results of this exam will be used to aid the fellow in determining personal deficiencies and by the Program Director to determine weaknesses in the training program.

### **Faculty Advisors**

During the first year of fellowship, the Program Director or the Director of Pediatric Endocrinology and Diabetes will serve as a personal faculty advisor to the fellow. Fellows will receive informal feedback throughout the year from their advisor in addition to the formal evaluations completed monthly by the supervising faculty. It will be the function of the advisor to aid the fellow in identifying a research mentor.

After the start of the second year of the fellowship, the fellow may elect to name another faculty member as their Faculty Advisor, perhaps their research mentor.

As stated above, it is the function of the Program Director to mediate any disagreements regarding formal evaluations or any other problems.

### **Specific Policies: Pediatric Endocrinology and Diabetes Fellowship**

#### **Pediatric Endocrinology Fellowship Policy on Moonlighting**

The GME policy 6.4 on moonlighting shall prevail.

#### **Guidelines for Moonlighting**

- 1) Moonlighting
  - i) The duties of the fellow are considered a full time job and thus additional work hours spent moonlighting in patient care duties in the hospital are to be pursued with caution. Moonlighting is a non-required activity and is not allowed if it results in exceeding the 80-hr per week average duty hour limit for the month. Moonlighting is

also not allowed if it is determined to interfere with the required duties of the fellow or is in any way disrupting the education or development of the fellow.

- ii) Prior to initiation of moonlighting activities, the PD must review and approve any moonlighting activity and a Moonlighting Approval Form giving the fellow permission to proceed is placed in the portfolio.

*Approved by GMCEC 7/12/2016*

### **Sickness or Family Emergencies**

Any absences must be approved by either the Program Director or the Division Chief through direct contact unless extraordinary events have taken place. If circumstances dictate that a fellow miss an on-call evening or weekend, it is not necessary that the fellow do extra call at another time or find others to cover. The Faculty scheduled for those dates will cover. If a substantial number of calls are missed, the Program Director may, at his/her discretion, ask that the fellow make these up to ensure an adequate educational experience and continuing clinical contact.

### **Dress Code**

Proper attire is expected at all times. .

### **Malpractice Coverage**

The Department of Pediatrics provides malpractice coverage for all fellows in the training program. This coverage is extended to all activities that are related directly to one's position as a Pediatric Endocrinology and Diabetes Fellow for the Department of Pediatrics. Coverage is not provided for care rendered that is independent of one's responsibilities as a fellow.

## **Pediatric Endocrinology and Diabetes Residency (Subspecialty Fellowship)**

### **Program Specific Policies**

#### **RESIDENT SELECTION**

#### **Resident Eligibility**

As per ACGME Institutional Requirements, applicants for residency training at UTHSCSA must meet one of the following qualifications:

1. Graduate of medical school in the U.S. and Canada accredited by the Liaison Committee on Medical Education (LCME) or the American Osteopathic Association (AOA).
2. Graduate of an international medical school, meeting one of the following qualifications:
  - a. Have a currently valid ECFMG certificate or

- b. Have a full and unrestricted license to practice medicine in a U.S. licensing jurisdiction.
- 3. Graduate of international medical school who has completed a Fifth Pathway program provided by an LCME-accredited medical school.

In addition, all applicants must successfully complete an ACGME accredited General Pediatrics residency and either be certified by the American Board of Pediatrics or be able to provide evidence of eligibility to take the Certifying Examination.

All resident applicants must be screened against Office of the Inspector General (OIG) and General Services Administration (GSA) lists; individuals listed by a federal agency as excluded, suspended, or otherwise ineligible for participation in federal programs (Institutional Compliance Agreement p.6 of 18) are ineligible for residency or fellowship at UTHSCSA.

Non-citizens must have permanent resident status or a J-1 visas for medical residency positions at the UTHSCSA.

### **Resident Selection and Appointment**

It is the policy of the UTHSCSA and its affiliated hospitals to sustain resident selection processes that are free from impermissible discrimination. In compliance with all federal and state laws and regulations, the University of Texas System Policy, and Institutional Policy, no person shall be subject to discrimination in the process of resident selection on the basis of gender, race, age, religion, color, national origin, disability, sexual orientation, or veteran status.

The Program Director and Faculty will choose the best candidate from a pool of applicants. The best candidate is the one most able to meet the goals and objectives of the fellowship and the demands of the specialty. These judgments are based on the applicant's academic performance, the assessment of their faculty as reflected in letters of recommendation, and personal qualities evaluated during the interview process conducted by faculty and resident representatives, including motivation, integrity, and communication skills.

In addition to the guidelines above, the TSBME mandates a postgraduate resident permit for all residents entering Texas programs. These rules essentially make it necessary for the resident to demonstrate that he/she will be eligible for permanent licensure in Texas. Residents are expected to be familiar with the regulations at <http://www.tsbme.state.tx.us/rules/171.htm>.

*Approved by GMEC February 2002*

## **GENERAL POLICY OF SUBSPECIALTY FELLOW EVALUATION PEDIATRIC ENDOCRINOLOGY**

### **Evaluation Process**

- 2) ACGME Core Competencies
  - i) Successful advancement in the fellowship program necessitates that the fellow acquires training and demonstrates acceptable skills in the six Core Competencies mandated by the ACGME.
  - ii) Training in the acquisition of these competencies is achieved by several means:
    - (1) Formal lectures by faculty and staff (Divisional Didactic and Case Based Lectures, Research Conferences and Departmental Core Conferences)

- (2) Conference presentations by the fellow in training (Tumor Board, Hematology Case Conference, Journal Club and Research Conferences)
  - (3) Participation in group discussions regarding pertinent patient issues (inpatient rounds, psychosocial rounds)
  - (4) Acquisition of skills via direct patient care and clinical service time.
- 3) Milestones and Entrustable Professional Activities
- i) As defined by the ACGME, milestones are stages in the development of specific competencies.
    - (1) Milestones provide suggested behavioral anchors for a given competency.
    - (2) The Pediatric Milestone Project has created 21 milestones that each map to specific competencies with key activities that map the progression from early learner to master physician. See Appendix H for a copy of the Pediatric Milestones.
    - (3) Fellows have already completed at least three years of previous GME training and are expected to have progressed beyond the early levels of each Milestone to have successfully completed general training. The application of Milestones in fellowship training is still under development.
  - ii) Entrustable Professional Activities (EPAs) are a unit of professional practice defined as tasks or responsibilities to be entrusted to the unsupervised execution by a trainee once he/she has attained sufficient specific competence. EPAs differ from the competencies in the following ways:
    - (1) EPAs are not an alternative for competencies but a means to translate competencies into clinical practice.
    - (2) Competencies are a descriptor of physicians; EPAs are descriptors of work.
    - (3) EPAs require multiple competencies.
- 4) Assessment
- i) The ability to demonstrate educational outcomes as the achievement of competency-based learning objectives provides evidence of preparing competent physicians who can meet the health care needs of the public.
  - ii) Educational assessment is, therefore, a key component of the Outcome Project of the ACGME and is intended to:
    - (1) Assess residents' and fellows' attainment of competency-based objectives;
    - (2) Facilitate continuous improvement of the educational experience;
    - (3) Facilitate continuous improvement of fellow performance;
    - (4) Facilitate continuous improvement of fellowship program performance;
    - (5) Assessment is defined as the "process of collecting, synthesizing, and interpreting information to aid decision-making." The results of an assessment should allow sound inferences about what learners know, believe, and can do in defined contexts. Assessment, therefore, integrates several concepts, which are described below.
- 5) Assessment Tools
- i) Tools generated to assess the performance of the fellow entail several different mechanisms. They include:
    - (1) 360 degree evaluations by physician and PhD faculty, other fellows, nurse practitioners, nurses and other ancillary staff
    - (2) Evaluations of written communications, tumor board and research presentations, and journal club
    - (3) Procedure logs
    - (4) Patient Evaluations
    - (5) Written examinations

- (6) These tools are administered 1-2 times per year, depending upon their availability.
  - (7) All evaluations are available on New Innovations and can be viewed at any time by logging in.
- 6) Pediatric Scholarship Oversight Committee
- i) Review of scholarly activity will occur via the Pediatric Scholarship Oversight Committee (PSOC). Each fellow is assigned to a sub-committee of the main PSOC. The PD may serve on a fellow's subcommittee as long as they are not also the chair of the PSOC or the sub-committee. This sub-committee will:
    - (1) Determine whether a specific activity is appropriate to meet the American Board of Pediatrics guidelines for scholarly activity.
    - (2) Determine a course of preparation beyond the core fellowship curriculum to ensure successful completion of the project;
    - (3) Evaluate the fellow's progress as related to scholarly activity;
    - (4) Meet with the fellow early in the training period and at least 3 times a year during training.
    - (5) Require the fellow to present/defend the project related to his/her scholarly activity;
    - (6) Advise the PD on the fellow's progress and assess whether the fellow has satisfactorily met the guidelines associated with the requirement for active participation in scholarly activities;
    - (7) Twice a year, a letter attesting to the fellow's adequate performance to ultimately fulfill the scholastic requirements of the program will be submitted by the chairman of the full committee.
- 7) The Evaluation Process
- i) Fellows undergo a formal divisional evaluation process twice a year that is communicated to the fellow by the APD and PD. At this meeting, the fellow reviews the individual learning plan created at the previous meeting. In the absence of the need of disciplinary actions these sessions serve as a formal review of the fellow's performance over the past six months and an assessment of the fellow's overall performance in the context of his/her career development.
  - ii) The fellows receive evaluations summarizing his/her assessments by the faculty of the Division of Pediatric Endocrinology in the Department of Pediatrics of UTHSCSA (to be referred to as the "Division" in the subsequent text). The fellows will also receive summaries evaluating his/her performance in the Milestones and EPAs for the subspecialty mandated by the ACGME. This includes a review of the fellow's performance as reflected from patient surveys, 360 degree surveys, performance in the in training examination, and procedure logs.
  - iii) Each fellow will receive a written document summarizing his/her performance to date, a statement approving his/her advancement forward in the training program, and a list of suggestions on areas that the fellow can improve in his/her performance. The fellow is given an opportunity to review his/her file and is instructed that his/her file is available to him/her at any time for review. The fellow is given time to provide feedback to the APD and PD who convey constructive criticism to the faculty of the Division for consideration of any modifications in the program structure.
- B. Advancement/Promotion**
- 1) The decision to advance a fellow through the program is made by the PD following the recommendations of the CCC, faculty of the Division and assessments using Milestones and EPAs. In the absence of the need of disciplinary action this assessment is made at the end of each academic year. Graduation from the program necessitates that the fellow

must, at a minimum, fulfill the following criteria to achieve satisfactory completion of the fellowship program:

- i) Demonstrate a level of clinical and procedural competence to the satisfaction of the faculty of the Division, and fulfill the requirements of the American Board of Pediatrics for completion of approved training in the fellow's specialty.
  - ii) Demonstrate an attitude, demeanor and behavior appropriate for the fellow's specialty with regard to relationships to patients, other health care professionals and colleagues.
  - iii) The PD must provide a final evaluation for each fellow who completes the program. This evaluation must include a review of the fellow's performance during the final period of education, and should verify that the fellow has demonstrated sufficient professional ability to practice competently and independently. The final evaluation must be part of the fellow's permanent record maintained by the institution.
  - iv) Certificates are issued upon satisfactory completion of the respective training programs. In addition, satisfactory completion requires that each of the medical records belonging to a fellow's patient be in order and completed, that any financial obligations owed the Hospitals or School of Medicine are paid or terms established for payment, that all Hospitals or School of Medicine property issued solely for use during an academic year, including identification badges and beepers, must be returned or paid for, and that a forwarding mailing address be provided to the Hospital's GME Office for clinical fellows.
- 2) <http://www.uthscsa.edu/gme/gmepolicies.asp>.

As per ACGME requirements, a final evaluation will be kept on file.

*Approved by GMEC 7/12/2016*

### **RESIDENT PROMOTION**

The Program accepts the responsibility to train physicians who will be

- Clinically competent with adequate mastery of the medical literature of pediatric endocrinology and diabetes.
- Competent leaders of the endocrine and diabetes care team
- Competent in the academic aspects of medicine, including basic research skills and basic teaching skills.
- Good citizens and who will practice medicine with appropriate professionalism and high ethical conduct.

Every sixth months the resident will meet with the Program Director to assess progress. If the resident's progress is deficient, the Program Director may require remediation, additional experience in difficult areas, or further academic training in order to maximize the likelihood of completion of the above goals.

The American Board of Pediatrics requires certification in General Pediatrics by passing the General Pediatric Certifying Exam prior to being allowed to sit for the Endocrinology Certifying Exam. Due to this restriction, fellows must be board certified in General Pediatrics by the end of the second year of fellowship training in order to progress to the 3<sup>rd</sup> year of training. If the fellow has failed the test after two attempts then the fellow will be terminated and not permitted to complete their fellowship training.

At the end of the second year of the residency the core faculty will meet with the Program Director. The evaluations from the first two years will be reviewed and the faculty will determine whether the resident has met the goals and objectives to advance to senior fellow status. The senior fellow is determined to have met the basic clinical goals of the fellowship and has been determined to be a competent clinical physician. The senior fellow will function as an acting attending with the goal of developing the skills necessary to lead an academic team, lead a multidisciplinary team, and teach as an academic physician. If the resident is not determined to have met the basic clinical goals and objectives, he/she will not be promoted to senior fellow status at that time but will be reviewed again on a quarterly basis through the third year. It is felt that in order to successfully graduate from the program the resident must meet these basic goals and have experience as a “senior fellow,” in order to develop the academic goals of the training program.

The program will not graduate residents or recommend they be allowed to sit for the Certifying Examination of the American Board of Pediatrics, Sub Board for Endocrinology and Diabetes, unless they have attained the basic skills listed above. The program should allow reasonable opportunities to remediate and obtain further training before a final determination is made not to graduate the resident. Exceptions to this are discussed in the policy, “Resident Grievance and Appeal Procedure Pertaining to Dismissal or Nonrenewable.”

#### **RESIDENT GRIEVANCE AND APPEAL PROCEDURE PERTAINING TO DISMISSAL OR NONRENEWAL**

The Graduate Medical Education Committee, excluding the University Health System representative, serves as the appeals body for all residents in programs sponsored by UTHSCSA, independent of their funding source, for dismissal or nonrenewal. Such dismissal or nonrenewal could occur because of failure of the resident to comply with his/her responsibilities or failure to demonstrate appropriate medical knowledge or skill as determined by the program’s supervising faculty. This appeals mechanism is open to a resident dismissed during the academic year or a resident whose contract for the following academic year is not renewed in a categorical program in which there has been no explicit information provided to the resident that advancement was on a pyramidal system.

It is the responsibility of the Pediatric Endocrinology and Diabetes Residency to document a warning period prior to dismissal or failure to reappoint a house officer and to demonstrate efforts for the provision of opportunities for remediation. As a rule, a resident is not dismissed without a probationary period except in instances of flagrant misconduct (see next paragraph). Opportunities must be provided and documented for the resident to discuss with the department’s or division’s program director or chair the basis for probation, the expectations of the probationary period, and the evaluation of the resident’s performance during the probation. Discussions with the resident will be documented, copies provided to the resident, and the original documents placed in the resident’s training file.



According to the *UTHSCSA Handbook of Operating Procedures 5.13.3 B 2*, several specific examples of misconduct for which an individual may be subject to dismissal include (but are not limited to) the following: being under the influence of intoxicants or drugs; disorderly conduct, harassment of other employees (including sexual harassment), or the use of abusive language on the premises; or fighting, encouraging a fight, or threatening, attempting, or causing injury to another person on the premises. The full text is available at [www.uthscsa.edu/hop/hop5%2D13.pdf](http://www.uthscsa.edu/hop/hop5%2D13.pdf).

In the event that a resident is to be dismissed or his/her contract not renewed, he/she may initiate a formal grievance procedure. The resident shall present the grievance in writing to the Associate Dean for Graduate Medical Education within 30 working days after the date of notification of termination or nonrenewal. The grievance shall state the facts upon which the grievance is based and the requested remedy sought. The Associate Dean for Graduate Medical Education shall respond to the grievance with a written answer no later than ten calendar days after he/she receives it.

If the resident is not satisfied with the response, he/she may then submit, within 10 days of receipt of the Associate Dean for Graduate Medical Education's response, a written request for a hearing. The hearing procedure will be coordinated by the Associate Dean for Graduate Medical Education, who will not be a voting participant. The hearing will be scheduled within thirty (30) days of the resident's request for a hearing. The hearing should be held before at least three members of the Graduate Medical Education Committee. The Associate Dean will determine the time and site of the hearing in consultation with the resident and the program leadership. The resident shall have a right to self-obtained legal counsel at his/her own expense; however, retained counsel may not actively participate, speak before the hearing participants, or perform cross-examination. The Associate Dean will preside at the hearing. The format of the hearing will include a presentation by a departmental representative; an opportunity for a presentation of equal length by the house officer; and an opportunity for a response by the representative, followed by a response of equal length by the house officer. This will be followed by a period of questioning by the Graduate Medical Education Committee members present. The Associate Dean in consultation with the departmental representatives and the resident will determine the duration of the presentations and the potential attendees at the hearing.

The resident will have a right to request documents for presentation at the hearing and the participation of witnesses. The Associate Dean at his/her discretion following consultation with the hearing panel will invite the latter.

The final decision will be made by a majority vote of the Graduate Medical Education Committee participants and will represent the final appeal within the Health Science Center and its affiliated hospitals.

*Approved by GMEC February 2002*

**Specific Policies: Pediatric Endocrinology and Diabetes Fellowship**

**Resident Work Hours  
Pediatric Endocrinology and Diabetes  
Fellowship Policy**

The Pediatric Endocrine and Diabetes Fellowship shall abide by the Requirements of The ACGME regarding resident work hours, as published by the ACGME at [www.acgme.org](http://www.acgme.org). In particular, the fellowship program will provide that:

- 1 Residents shall work no more than 80 hours per week averaged over any four-week period.
7. Residents must be provided 1 day in 7 free averaged over a 4 week period
8. Duty period will be limited to 24 hours, plus a 4-hour period for transition of care and for educational activities. Residents must have 14 hrs free of duty after 24hrs of in house duty and that in house call must not occur more frequently than every third night averaged over 4 week period. (Fellows typically have no in house call)
9. The Program will develop and implement methods of recognizing fatigue and plans on minimizing the detrimental effects of fatigue on the educational process and quality of patient care.
10. Actual work hours will be monitored frequently enough to ensure essential compliance with the requirements.

You are referred to the specific definitions of duty hours, internal moonlighting, external moonlighting, home call, new patient per UTHSCSA policy 2.7 for further details.

In the process of implementing these requirements for the Pediatric Endocrinology and Diabetes Fellowship, the following guidelines will be used.

- Patient care is always the ultimate responsibility of the assigned Attending Physician, and an Attending Physician will always be assigned to assist and supervise the Critical Care Fellow.
- Fellows will take at home call only with rare needs to go into the hospital after hours in the evening.
- At home call does not contribute to the work hours unless the fellow is required to come to the hospital. If it is necessary for the fellow to be in the hospital, then that time contributes to the total work hours requirement and to the 24 work period rules. Fellows who have come in at night will need to be relieved of duty after a 24 hour period. The work period starts from the beginning of the pre-call day until the end of the period preceding a 10-hour rest period. That means, if a fellow has spent the day at the hospital, goes home in the evening, but returns during the night, all the time the fellow was at home also counts, unless there was a continuous 10 hour rest period.
- All moonlighting in the UTHSCSA system or the teaching hospitals for the fellowship will count towards the work hour rules. Therefore, fellows will not be able to moonlight when on service. When not on-service, moonlighting may be possible if it does not cause a violation of the work hour rules and does not interfere with the educational process. It will remain the discretion of the Program Director to curtail moonlighting if, in the Program Director's judgment, the moonlighting is detrimental to the education of the fellow or the function of the fellowship. You are referred to the Fellowship Policy on Moonlighting.

**Contingency Plan**

The program director will establish a contingency or backup system that enables patient care to continue safely during periods of heavy use, unexpected resident shortages, or other unexpected circumstances. The program director and supervising faculty will monitor residents for the effects of sleep loss and fatigue, and take appropriate action in instances where overwork or fatigue may be detrimental to residents' performance and the well-being of the residents or the patients or both.

In particular to the Pediatric Endocrinology and Diabetes Program, the faculty are always immediately available. The services do not always have residents on call (fellows), and the services are never dependent on the resident's (fellow) presence. When the resident is fatigued, or when the resident needs to leave because of the work hours limitations, the attending physician will take over the responsibilities of the resident. On days post call for the resident, the schedule will be adjusted in the event of evening requirements to be in house. It is the responsibility of the on service faculty physician to monitor the particular resident's compliance with the work hours limitations, and the program director will be responsible for monitoring the compliance of the faculty and the residents with the requirements of this policy.

**Approved 7/12/2016**

**SUPERVISION POLICY OF SUBSPECIALTY FELLOW  
PEDIATRIC ENDOCRINOLOGY****Introduction**

Careful supervision and observation are required to determine a resident/fellow's abilities to manage patients. Our subspecialty fellows are licensed practitioners, but are supervised in directly in the management of pediatric endocrinology and diabetic patient care and consultations until the subspecialty training is completed.

**Purpose**

This policy will establish the minimal requirements for resident/fellow supervision in teaching hospitals of The University of Texas Health Science Center at San Antonio (UTHSCSA). A UTHSCSA teaching hospital may have additional requirements for resident supervision as they pertain to that specific hospital.

**Definitions**

The following definitions are used in this document:

**Fellow:** A professional post-graduate trainee in the subspecialty of pediatric endocrinology.

**Licensed Independent Practitioner (LIP):** A licensed physician who is qualified usually by Board certification or eligibility, to practice independently within the discipline of pediatric endocrinology.

**Medical Staff:** An LIP who has been credentialed by a hospital to provide care in the subspecialty of pediatric endocrinology.

**Faculty Attending:** The immediate supervisor of a fellow; this physician is credentialed by his/her hospital or healthcare facility to provide clinical care and perform procedures, within scope of practice, specific to the subspecialty of pediatric endocrinology.

### **Levels of Supervision**

*Direct Supervision*—the supervising physician is physically present with the resident/fellow and patient.

*Indirect Supervision, with Direct Supervision immediately available*—the supervising physician is physically within the hospital or other site of patient care, and is immediately available to provide Direct Supervision.

*Indirect Supervision, with Direct Supervision available*—the supervising physician is not physically present within the hospital or other site of patient care, but is immediately available by means of telephone and/or electronic modalities, and is available to provide Direct Supervision.

*Oversight* – The supervising physician is available to provide review of procedures/encounters with feedback provided after care is delivered.

### **Job Descriptions by Year of Training**

PG4 fellows (first year of fellowship) have defined rotations on the consultations services at University Hospital and in clinic at the Texas Diabetes Institute, as well as continuity clinics in those facilities. During this year the fellows will learn and become competent at inpatient and outpatient pediatric endocrine evaluations.

PG5 and PG6 fellows (2<sup>nd</sup> and 3<sup>rd</sup> year of fellowship) have similar rotations at the UHS and the Texas Diabetes Institute. An accelerated schedule of training however is added to these schedules. In addition, the higher-level fellows have defined times and rotations on which to perform research.

The other differences between activities of the fellows, by year, are defined by their progression of responsibilities, as outlined below.

### **Procedures**

A. Subspecialty residents/fellows are supervised by credentialed providers (“staff attendings”), licensed independent practitioners on the medical staff of the UTHSCSA teaching hospital in which they are attending. The staff attendings are credentialed in that hospital for the specialty care and diagnostic and therapeutic procedures that they are supervising. In this setting, the supervising staff attending is ultimately responsible for the care of the patient.

B. The Program Director will ensure that this supervision policy is distributed to and followed by residents/fellows and the medical staff supervising the fellows. Compliance with this supervision policy will be monitored by the Program Directors.

Commented [AW1]: No further recommendations.

C. Annually the Program Director will determine if fellows can progress to the next higher level of training. The requirements for progression to the next higher level of training will be determined by standards set by the Program Director (see promotion policy). This assessment will be documented in the annual evaluation of the resident/fellows.

#### **Supervision of Trainees on Inpatient Service**

The resident/fellow is considered a physician in training. Therefore, the attending physician assigned to each inpatient must supervise care provided by the resident/fellow. The resident/fellow is to keep the attending informed as to the status of each inpatient under his/her care and to the current treatment plan for that patient. It is expected that as a fully trained pediatrician, the resident/fellow should be allowed to supervise the nursing staff and pediatric residents to implement the care of patients on the inpatient service. The resident/fellow is to serve as the primary liaison to the attending physician in communicating specific issues regarding patient care on the inpatient service and to formulate, with the guidance of the attending physician, an appropriate treatment plan for each patient. Hospital staff, including nurses, nurse practitioners, and residents, are to bring concerns directly to the fellow to ensure that the resident/fellow adequately participates in the care of the patients and optimizes his/her educational experience.

#### **Supervision of Trainees on Inpatient Consultations**

All inpatient consultations performed by trainees will be documented in writing, using the dictation system or electronic medical record employed by the UTHSCSA teaching hospital where the consultation was performed, with the name of the responsible staff consultant recorded. The responsible staff consultant must be notified verbally by the resident/fellow performing the consult within an appropriate period of time, generally defined as no later than the same day of consultation if done before close of business, or immediately if emergent. The consulting staff is responsible for all the recommendations made by the consultant team.

#### **Supervision of Trainees in Outpatient Clinics**

All outpatient visits provided by residents/fellows will be conducted under the supervision of a staff provider. For the first 3-6 months of training, every clinic patient must be reviewed with the attending staff. Thereafter, the Program Director may give approval for later review of the patient visits. This decision for less supervised practice will be made by the PD using personal observation, and feedback (oral or written) from other faculty. The clinic staff attending will also interview and examine the patient at the staff's discretion, at the resident/fellow's request, or at the patient's request. The staff doctor has full responsibility for care provided, whether or not he/she chooses to verify personally the interview or examination.

Approval for more senior fellows to see patients without patient-by-patient staff review, once approved by the PD, will be communicated to ancillary staff by hard copy displayed in the clinic area and direct communication with the clinic personnel.

#### **Circumstances and events where Fellows must communicate with Faculty Attendings**

Fellows are encouraged to communicate with supervising Faculty Attendings any time that they feel the need to discuss any matter relating to patient-care. The following are circumstances and events where Fellows **must** communicate with supervising Faculty Attendings:

- Encounters with any patient in emergency rooms
- All new patient encounters in intensive care or critical care units
- If requested to do so by other Faculty Attendings in any primary or specialty program
- If specifically requested to do so by patients or family
- If any error or unexpected serious adverse event is encountered at any time
- If the Fellow is uncomfortable with carrying out any aspect of patient care for any reason.

## Pediatric Clinical Competency Committee (CCC)

### Purposes per *ACGME Program Requirements*

- *To review all resident evaluations semi-annually across all competency domains*
- *To prepare and assure the reporting of Milestones evaluations of each resident semi-annually to ACGME*
- *To advise the program director regarding resident progress, including promotion, remediation, and dismissal.*
- *Additionally: to provide input to the Pediatric Education Committee to facilitate curriculum development, evaluation effectiveness, and program improvement based on trends found in milestones reporting.*

### Membership

Members include the program director from the core program as well as all fellowship program directors, associate program directors, educational specialists, and core faculty appointed by the individual Program Directors.

*Per ACGME: At a minimum the Clinical Competency Committee must be composed of three members of the program faculty. Others eligible for appointment to the committee include faculty from other programs and non-physician members of the health care team.*

### Functions

- Synthesize multiple different types of assessments (including milestones and dashboards) into an evaluative statement about each trainee's competence.
- Provide assessment of trainee performance as required by the ACGME and ABP.
- Assist the program director in monitoring the competence and professionalism of trainees for the purpose of promotion and certification. Make recommendations to the program director with regard to:
  - Advancement & Promotion
  - Remediation
  - Certification
  - Dismissal
- Identify trainees who are not progressing with their peers in one or more areas. The CCC is charged with establishing thresholds within the program. The Sub CCC/TEPC will use data garnered from assessment tools and faculty observations to assess trainee progress in achieving the Educational Milestones. The CCC provides a group perspective on the trainees' progress in the residency program and will assist in early identification of areas

of needed improvement. The CCC will make recommendations for struggling trainees. When a fellowship resident fails to progress academically, the program director may place the resident on Academic Status, which will serve as a warning period prior to instituting a probationary status, termination, failure to reappoint, or failure to promote to the subsequent PGY level. Specific criteria will be shared with the resident for a 90 day time period to allow the resident to demonstrate efforts to remediate the identified concerns. These steps will include notification of the Vice Dean for Graduate Medical Education of the proposed action(s). This process is described in detail in the UTHSCSA Graduate Medical Education Policy entitled: Resident Grievance and Appeal Procedure. A probationary period would follow with allowance for the resident to discuss with the program leadership the basis for probation, the expectations of the probationary period and the evaluation of the resident's performance during the probation. If the resident fails to improve during the probationary period, then they may be terminated or have their contract not renewed. It should be noted that any Probationary action would include a letter informing the Texas Medical Board.

- Make recommendations to the program and Pediatric Education Committee on issues related to core competencies in trainee education, including, but not limited to:
  - Rotation curricula
  - Evaluation and assessment tools
  - Development of Milestones

#### **Format**

- Each trainee's performance data in the core competencies will be reviewed and discussed at least twice a year.
- Minutes are to be taken at these reviews using the provided templates.
- Members will systematically review each trainee's 360 packet mid and end of the academic year and make recommendations to the program director regarding competency ratings, advancement, certification, etc.
- Create action plans for all trainees focused on competency and milestones improvement.
- Any trainee with performance concerns in one or more core competencies may be added to the agenda for formal portfolio review.
- The CCC works with the program directors for all specialties in the department to develop appropriate remediation plans, as necessary.
- Additional meetings will focus on development and improvement of training and evaluation in specific core competency areas with attention to the development/tracking of milestones.
- All members of the Committee agree to keep the information discussed confidential.

### **Program Evaluation Committee (PEC)**

#### **Purposes per the ACGME**

- Plan, develop, implement, and evaluate all significant educational activities of the program to include review and recommendations for revision of competency based curriculum, teaching methods and outcomes
- Develop or review all competency-based milestone driven curriculum goals and objectives
- Develop Team based learning strategies for rotations able to implement these methods
- Review and address areas of non-compliance with ACGME standards

- Review Quality Improvement and Scholarly Activity curriculum and monitor projects to completion.
- Render a written Annual Program Evaluation (APE) addressing and tracking the following areas:  
Trainee performance; faculty development; graduate performance, including performance of program graduates on the certification examination; and program quality.
  - Residents and faculty must have the opportunity to evaluate the program confidentially and in writing at least annually, and the program must use the results of residents' and faculty members' assessments of the program together with other program evaluation results to improve the program.
  - Action plans should be reviewed and approved by the teaching faculty and documented in meeting minutes.
- Prepare a written plan of action (SWOT/PDSA) to document initiatives to improve performance in one or more of the areas listed as well as delineate how they will be measured and monitored.
- Regular meetings during the academic year of the program leadership, including select core faculty members and residents, to review program outcomes and develop, review, and follow-through on program improvement plans.

**Prior to PEC Meeting:**

- Render a full, written, annual program evaluation (APE) with SWOT action plan for the program using the PDPlus document and outline from GME. All supporting documents should be noted in the APE and available if requested.

**Membership**

Members include at least 2 members of the training program faculty and include representation from the trainees and key faculty appointed by the Program Director. *Per ACGME must be composed of at least two program faculty members and should include at least one resident*

**Functions**

- The individual programs via the PEC must monitor and track each of the following areas via the APE:
  - trainee performance
  - faculty development
  - graduate performance, including performance of program graduates on the certification examination
  - program quality
  - Quality Improvement and Scholarly Activity projects to completion
  - use the results of trainees' assessments of the program together with other program evaluation results to improve the program via the PEC
  - Gain Division approval by the teaching faculty and documented in meeting minutes.
- Prepare a written plan of action to document items above as well as delineate how they will be measured and monitored.
- Receive and review recommendations on issues related to core competencies in trainee education from the CCC, including, but not limited to:
  - Rotation curricula development and improvements
  - Evaluation and assessment tools (effectiveness and data collection)
  - Development of Milestone evaluations
  - Teaching Methods



- Testing outcomes and changes
- The action plan should be reviewed and approved by the teaching faculty and documented in meeting minutes.

#### **Format**

- There must be regular program specific meetings during the academic year of the program leadership, including select core faculty members and trainees, to review program outcomes and develop, review, and follow-through on APE and program improvement plans.
- The overall PEC will meet at least twice per year to review program APE, supporting documents, and action plan progress.
- All members of the Committee agree to keep the information discussed confidential.

#### **Items Reviewed by PEC:**

1. APE – completed by program prior to meeting using GME format
  - i. Trainee Performance
  - ii. Annual ADS – consistent data
  - iii. Graduate Performance (Board Certification pass rates, fellowship, etc)
  - iv. ACGME faculty survey/ACGME trainee survey
  - v. ACGME correspondence (Accreditation and Compliance)
  - vi. Faculty Development
  - vii. Program Quality - Internal Program Review completed by faculty and trainees
  - viii. NRMP outcomes
  - ix. Milestone trends
  - x. Trainee/Fellow funding allocations
- b. Review and offer suggestions on SWOT/PDSA of annual improvements PRIOR to WebADS update
- c. Review previous years areas of improvement to determine if goals were met
2. Evaluations
  - a. Active assessments usability and need to update tools
  - b. Review evaluation measures to determine quality of curriculum and transfer of learning based on APE
  - c. Creating observation tools for milestones
  - d. Ensuring standardize across all programs
3. Curriculum
  - a. Gaps in learning based on APE
  - b. Standardized introduction, orientation, goals and objectives
    - i. Competency and Milestone based
  - c. Review of American Board of Pediatrics standards and integration of core curriculum into perceived program knowledge gaps
  - d. Review board review curriculum
4. Faculty Development (in accordance with program requirements)
  - a. Trainings outside of CME (Grand Rounds)
  - b. Committee development
5. Scholarly Activity/QI
  - a. Review QI and SA curriculum for trainees
  - b. Pediatric Scholarship Oversight Committee and Pediatric Scholarship Oversight Subcommittee updates (title of person only)
  - c. Review Scholarly Activity for Faculty – (title of person only)

- i. Standardized reporting for all programs on WebADS
6. CCC
    - a. Reports and action plans

### **Trainee Evaluation and Promotion Committee (TEPC)**

#### **Purpose:**

- **Preliminary and internal review of all trainee evaluations and milestones to be reported to the overall CCC twice per year.**
- **Preliminary and internal review of all program curricula to be reported to the overall PEC twice per year.**
- Serve as the liaison between program leadership and trainees via the advisor members to communicate action plans and bi-annual reviews.
- To review the progress of trainees during the course of their training and provide recommendations for promotion and eventual eligibility for American Board of Pediatrics certification to the Program Director.

#### **Expectations:**

- To review all trainee (in your specialty) performance across all competency domains using the 360 dashboard.
- To establish and implement Milestone progression and outcome reporting
- To provide first stage review and reporting of all trainees performance (Evaluations, scholarly activity, testing, milestones).
- To provide formative action plans, after initial review of milestones , for formal decision at Main CCC
- To ensure trainees meet or exceed requirements for promotion and graduation using standards set forth by the Accreditation Council for Graduate Medical Education and all institutional, national and accreditation agencies.
- To complete documentation as required by the Accreditation Council for Graduate Medical Education and the American Board of Pediatrics
- To review issues of substandard trainee performance in order to make recommendations on an appropriate course of action. When necessary the committee can collect additional information and hold hearings with involved trainees prior to issuing recommendations.
- To provide input to the Pediatric Education Committee to facilitate curriculum development, evaluation effectiveness, and program improvement based on combined need shown on low level milestone areas assessed by trainees.
- To create initial Annual Program Evaluation to include a SWOT analysis of the program based on input from internal ARPE, trainee input, faculty input and trends found throughout the year with regards bi-annually for formal review by the PEC. Areas reviewed for APE WITH supporting documents: Resident performance, Faculty Development, Graduate Performance, Program Quality.
- To create promotion letters for all years of progression once annually in May.

#### **Membership**

Members include all program leadership, teaching and core faculty appointed by the respective Program Director.

#### **Functions**

- This committee is the first step of evaluation reviewers, looking at the 360 dashboards, social issues, remediation and discipline outcomes. Committee reviews scores, procedures, attendance, and advisors meet with individual trainees bi-annually to review promotion and attrition.
- Synthesize multiple different types of assessments into an evaluative statement about each trainee's competence. (360 dashboard)
- Synthesize milestones assessments into an evaluative and formative action plan statement about each trainee's competence. All action plans should have supporting documents.
- Assist the program director in monitoring the competence and professionalism of trainees for the purpose of promotion and certification as the baseline evaluation review prior to CCC. Make recommendations to the program director and CCC with regard to:
  - Advancement & Promotion
  - Discipline
  - Dismissal
  - Remediation
  - Certification
  - Milestones Action Plans
- Provide assessment of trainee performance as required by the ACGME and ABP.
- Make recommendations to the Pediatric Education Committee on issues related to core competencies in trainee education, including, but not limited to:
  - Rotation curricula themed issues
  - Evaluation and assessment tool issues
  - Development of Milestone driven observation ideas to advance trainee outcomes
- Create promotion letters for all years of progression once annually in May.
- To create initial Annual Program Evaluation to include a SWOT analysis of the program based on input from internal ARPE, trainee input, faculty input and trends found throughout the year with regards bi-annually for formal review by the PEC. Areas reviewed for APE WITH supporting documents: Resident performance, Faculty Development, Graduate Performance, Program Quality. (Fellowships only)
- Regularly discuss and consider issues that can affect Trainee performance, including, but not limited to:
  - Inadequate rest
  - Stress
  - Anxiety
  - Depression
  - Substance abuse
- Identify trainees who are not progressing with their peers in one or more areas. Establish thresholds within the individual program using the data garnered from assessment tools and faculty observations to assess trainee progress in achieving the Educational Milestones. The TEPC provides a group perspective on the Trainees' progress in the program and will assist in early identification of areas of needed improvement. The TEPC will make recommendations for struggling Trainees using a standard action plan.
- Fairly, consistently, and indiscriminately apply the department's Evaluation and Promotion and Grievance policies. The department Grievance Policy addresses the process required when a Trainee wishes to appeal a decision made by the CCC. Committee members may be asked by the Department Chair to participate in the appeals process.
- When required, the committee shall convene a formal hearing at the request of the Program Director to examine issues of substandard Trainee academic performance or professional behavior. In this hearing, the Program Director will be required to submit a written request to the committee detailing the reason for the hearing together with accompanying documentation. In addition, the Program Director should provide a list of options to the

committee which may include a recommendation for appropriate action. The Program leadership will be invited to discuss their concerns with the committee but *ex-officio* members should **NOT** be present during any meetings with the Trainee involved eliminate any appearance of conflict of interest. During the formal hearing, the Faculty Advisor assigned to the Trainee involved will serve as the Trainee's advocate to the committee, available to provide information but **NOT** to provide an opinion or vote on the committee's recommendations. The findings and recommendations following such a hearing by the Committee for Trainee Evaluation and Promotion will be forwarded to the Program Director as per established procedures.

#### **Format**

- Review each trainee's performance data in the core competencies and milestones at least twice yearly.
- Systematically review each Trainee's file, evaluations, portfolio, milestones competence and overall performance prior to the end of the academic year and make recommendations to the program director regarding final competency ratings, advancement, certification and action plans.
- Ad-hoc meetings will focus on development and improvement of training and evaluation in specific core competency areas with attention to the development/tracking of milestones. Any Trainee with performance concerns in one or more core competencies may be added to the agenda for formal portfolio review.
- Works with the program director to develop appropriate discipline, remediation and possible dismissal plans, as necessary.
- Meetings provide annual recommendations concerning promotion of Trainees to the next appropriate level of training and assess qualification to sit for the American Board of Pediatrics. Meetings will occur twice yearly (Nov/December and May) and will include all members of the committee.
- Generate promotion letters for all years of progression once annually in May.
- Final formative evaluation recommendations are made to the CCC using Action Plans on each Trainee based on 360 formative data compiled for CCC review.
- To create initial Annual Program Evaluation to include a SWOT analysis of the program based on input from internal ARPE, trainee input, faculty input and trends found throughout the year with regards bi-annually for formal review by the PEC. Areas reviewed for APE WITH supporting documents: Resident performance, Faculty Development, Graduate Performance, Program Quality. (Fellowships Only)
- All members of the Committee agree to keep the information discussed confidential.

#### **Faculty Development Opportunities**

- The committee will be given 15 min short faculty didactics at each meeting
- The topics covered will be: giving and receiving feedback, how to develop action plans, advising/mentoring, individual Trainee track advising and board review best practices.

#### **Items Reviewed by TEPC – APE report to PEC: (Fellowships Only)**

7. APE – completed by program prior to meeting using GME format
  - i. Trainee Performance
  - ii. Annual ADS – consistent data
  - iii. Graduate Performance (Board Certification pass rates, fellowship, etc)
  - iv. ACGME faculty survey/ACGME trainee survey
  - v. ACGME correspondence (Accreditation and Compliance)
  - vi. Faculty Development

- vii. Program Quality - Internal Program Review completed by faculty and trainees
  - viii. NRMP outcomes
  - ix. Milestone trends
  - x. Trainee/Fellow funding allocations
- b. Review and offer suggestions on SWOT/PDSA of annual improvements PRIOR to WebADS update
- c. Review previous years areas of improvement to determine if goals were met
- 8. Evaluations
  - a. Active assessments usability and need to update tools
  - b. Review evaluation measures to determine quality of curriculum and transfer of learning based on APE
  - c. Creating observation tools for milestones
  - d. Ensuring standardize across all programs
- 9. Curriculum
  - a. Gaps in learning based on APE
  - b. Standardized introduction, orientation, goals and objectives
    - i. Competency and Milestone based
  - c. Review of ABP standards and correlation of curriculum to needs
  - d. Review board review curriculum
- 10. Faculty Development (in accordance with program requirements)
  - a. Trainings outside of CME (Grand Rounds)
  - b. Committee development
- 11. Scholarly Activity/QI
  - a. Review QI and SA curriculum for trainees
  - b. PSOC and PSOS updates – Judith Livingston
  - c. Review Scholarly Activity for Faculty – Dr. Infante
    - i. Standardized reporting for all programs on WebADS
- 12. CCC
  - a. Compile and Submit Action Plan Reports

### **Pediatric Endocrinology Fellowship Transition of Care Policy**

The ACGME recommends minimizing the number of patient care transitions, a structured and monitored handoff process, education and training of house staff and faculty in handoff competency and a readily available schedule listing fellows and faculty responsible for patient care.

1. Minimizing patient care transfers –
  - a. Fellow clinical rotations will be 4 weeks in duration (with alternate weekends time off and call free) Hand off between the fellow on call and incoming doctor on call is done on Tuesdays (usually fellow to fellow) with continuity of the attending physician until Friday. The clinical fellows and attending review the sign-out document on Tuesday.
  - b. Faculty rotate every week from Friday to Friday and the same faculty serves as the on call and inpatient attending to provide continuity and hand off of patients is done with a detailed review with the entire division on Friday mornings at didactic session so

that all fellows and attending physicians are aware of the inpatient and on call summary for the week.

2. Patient care handoff procedures
  - a. Both the inpatient and on call attending and fellow are responsible for overseeing the weekly divisional patient handoffs. On Friday AM, all attending physicians and fellows clinic providers review outpatient issues or concerns with the on call team for the weekend
  - b. When completing the week of call, the clinical fellow and attending create an email sign-out document to be securely sent to the entire call team on Friday. See attachment 1 & 2.
3. Education and training on handoffs
  - a. Divisional education
    - i. Fellows in Pediatric Endocrinology are assumed competent because of prior training, but this competence is documented by observation both at the beginning of the program and on an ongoing basis. Fellows receive handoff training at orientation and the process is discussed and reviewed at each annual program as part of provider division meetings. Annual handoff summaries with updated contact information and clinical site information are updated biannually.
  - b. GME education
    - i. An educational video on patient handoffs has been created by the Health Science Center and the Office of Graduate Medical Education to be included in fellow orientation.
4. Schedules

All schedules are maintained by divisional administrative staff and are posted in the inpatient unit and the outpatient clinic as well as a secure Gmail site which is available for all clinical staff and division members. An on call schedule is provided to the hospital operators and the division has a single pager (not changed for 10 years) that is carried by the physician on call to prevent confusion in determining who is providing coverage for the endocrine service.12/2016

**Approved 7/12/2016**

**Senior Resident Status  
Pediatric Endocrinology and Diabetes Fellowship  
University of Texas Health Science Center  
at San Antonio**

**Purpose:** The ACGME requirements for sub-specialty training in Pediatric Endocrinology and Diabetes state the program must provide training for the resident not only to be

competent pediatric endocrine and diabetes sub-specialists, but also to be supervisors and teachers.

It is the belief of the program that in order to assist the residents in learning to be the leader of an academic care team, the resident (also referred to as fellow, although the Board uses the term resident) must have some experience in the role of functioning as a faculty, staff physician. For this to be an optimal experience, the program faculty must provide some oversight and direction. It is critical, however, that the fellow have some experience functioning more autonomously than in the earlier stages of the fellowship experience and supervise the general pediatric house staff without the program faculty being immediately present and dominating the team.

It is anticipated that the endocrinology and diabetes resident will typically take the first two years of the fellowship to learn the medical care of the endocrine or diabetes patient, and will be clinically competent by the beginning of the third year of fellowship. During the last year of fellowship, the fellow should have the opportunity to grow into the role of functioning as an academic faculty, with mentorship by the program faculty.

**Role of Senior Endocrine and Diabetes Resident (fellow):** The senior resident will be the primary physician responsible for the daily care of the patients on the inpatient endocrine and diabetes service for the time they are on service, and when on-call. He/she will be viewed by the medical students and the general pediatric residents as an acting attending, and will identify themselves to patients and families as the primary physician. The senior resident will run daily work and education rounds, will examine all the patients, write progress notes and notify the attending of the patients' status for their review. All of this will be done under the mentorship of the program faculty.

**Role of the Program Faculty:** The faculty will not be as involved with the hands on management however will examine and see the patients daily. The faculty will remain ultimately responsible for the quality of care given to the patients, the quality of education supplied to the general pediatric residents and medical students, and the education of the fellow. A specific faculty member will always be appointed to:

1. Round daily with the senior resident to review the plans and care of the patients.
2. Be available for phone consultation or, when necessary, to assist the senior resident.
3. Review the senior resident's teaching of the general pediatric house staff, and to seek the general residents' and medical students' feedback on the efficacy of the senior resident's teaching.
4. Provide formal evaluation of the resident's performance, progress, and leadership at the end of the rotation.

The goal is for the senior resident to learn to function independently and hone his/her leadership skills, while still having the supervision of the faculty to guide him/her. This supervision is to be very real, daily, and available at all times for when the fellow needs

assistance. However, the expectation is that the primary formation of a clinically competent sub-specialist has been done earlier in the fellowship, and the supervision at this point should be aimed at the above goals for the senior resident to develop into a fully responsible academic physician.

**Advancement to Senior Resident Status:** It is anticipated that most fellows should advance to this stage at the beginning of their third year. However, this is not to be viewed as automatic. Some residents will not be ready at this point. The resident will advance to the Senior Resident Status when the program director and the program faculty have determined that the resident has attained clinical competence to function as a Pediatric Endocrinologist or Diabetologist. Specific criteria will be:

1. At least 12 months experience after general pediatric residency caring for patients in the Pediatric Endocrinology and Diabetes clinic, hospital wards and the PICU/NICU. It is expected that in the vast majority of time this will be clinical rotations in the context of the Fellowship Program, although occasionally outside experience can be accepted.
  2. Satisfactory evaluations by the supervising faculty on recent rotations.
  3. A consensus among the entire program faculty that the individual resident is competent to use good judgment and in possession of adequate knowledge to function independently and provide competent care.
  4. Documentation of competency in most areas of the specialty.
1. Self assessment by the resident that they are ready to progress to this stage.

### **Resources Available to Fellows**

1. Computer access with Internet capabilities as well as the ability to do Medline searches
2. Slide/PowerPoint/poster making capabilities



3. Photocopying
4. University of Texas Health Science Center at San Antonio Library
5. UHS on line resources
6. Free hospital parking

**Block Schedule example:**

**Research Months: (3 months of PL3 and 9 months of PL 4 & PL5 year)**

|           | Monday   | Tuesday   | Wednesday | Thursday   | Friday    |
|-----------|----------|-----------|-----------|------------|-----------|
| <b>AM</b> | Research | SR Clinic | Research  | Research   | Didactics |
| <b>PM</b> | Research | Didactics | Research  | Conference | Research  |

**Clinical Months: (9 months of PL3 and 3 months of PL4 & PL5 year)**

|           | Monday         | Tuesday        | Wednesday      | Thursday       | Friday    |
|-----------|----------------|----------------|----------------|----------------|-----------|
| <b>AM</b> | Clinic/consult | Clinic/consult | Clinic/consult | Clinic/consult | Didactics |
| <b>PM</b> | Clinic         | Didactics      | clinic         | Conference     | clinic    |

**UTHSCSA Pediatric Endocrinology Fellowship Policies / Curriculum Goals & Objectives**

**I have received and have/will review the Goals and Objectives of the Pediatrics Endocrinology Fellowship Program Curriculum of the University of Texas Health Science Center at San Antonio and Affiliated Hospitals.**

**I have received and have/will review The Graduate Medical Education Policies on:**

- 1. Duty Hours**
- 2. Grievances and Appeals**
- 3. HIPPA Violation Guidelines**
- 4. Social Networking (facebook, myspace, etc)**
- 5. Levels of Status**
- 6. Blood Borne Pathogens**
- 7. Resident Impairment**
- 8. Harassment**

**9. Accommodations for Disabilities**

\_\_\_\_\_ I have received and have/will review the Maternity and Paternity Leave Policy, the Sick Leave Policy, and the Leave Carry-Over Policy.

\_\_\_\_\_ I have received and have/will review the following policies:

- 1. Department of Pediatrics Moonlighting Policy
- 2. House Staff Supervision Policy
- 3. House Staff Handover Policy
- 3. GME Policy on Medical Records

\_\_\_\_\_ I have received and have/will review the ACGME Pediatric Fellowship Common Program Requirements, current Milestones information, and evaluation review procedures

\_\_\_\_\_  
Name  
Signature Date

For Questions, Please See UTHSCSA web page and refer to Graduate Medical Education: Policies and Procedures

