OUTPATIENT PHARMACOLOGICAL ALGORITHM FOR MIGRAINE PREVENTION

- **Diagnosis of Migraine Headache**
- **Patient education regarding a general wellness program, avoidance of trigger factors, and screening for acute migraine medication overuse**
- **Assess migraine severity, frequency, and degree of headache associated disability**

Migraine headaches result in any of the following: significantly impair daily function, occur frequently, are long lasting, or are ineffectively treated by acute medications

- **No insomnia**
  - **Amitriptyline**
    - If contraindicated, not tolerated or ineffective
      - **Propanolol**
        - If contraindicated, not tolerated or ineffective
          - **Verapamil**
            - If contraindicated, not tolerated or ineffective
              - **Topiramate**
                - If contraindicated, not tolerated or ineffective
                  - **Valproic Acid**

- **Insomnia present**
  - **Nortriptyline**

Consider drug-drug interactions, contraindications, side effects and patient’s medical history when applying this algorithm