Outpatient Pharmacological Algorithm for Acute Treatment of Migraines

1. Diagnosis of migraine
2. Patient education regarding a general wellness program and avoidance of trigger factors
3. Assess headache severity and degree of associated disability
4. If associated with severe nausea or vomiting, pretreat with antiemetic: consider use of suppository, parenteral or intranasal formulation

- Mild to moderate symptoms
  - OTC combinations of aspirin, acetaminophen & caffeine; &/or UHS NSAIDs (see list below)
    - Inadequate response
      - UHS Combination Analgesics:
        - Acetaminophen, Dichloralphenazone, and Isometheptene Mucate, commonly referred to generic Midrin (Subsidized)
        - Inadequate response
          - UHS Triptans:
            - Eleytriptan (Not Subsidized, Available via MAP)
            - Sumatriptan (Not Subsidized, Available via MAP)
            - Inadequate response
              - Ergotamine and Caffeine (Subsidized)

- Severe symptoms
  - Inadequate response
    - Ergotamine and caffeine (Subsidized)

UHS Formulary NSAIDS:
- Ibuprofen (Subsidized for 600 mg and 800 mg, Available OTC in 200 mg)
- Naproxen (Subsidized)
- Salsalate (Subsidized)
- Piroxicam (Subsidized for 10 mg and 20 mg)
- Diclofenac (Subsidized)
- Indomethacin (Subsidized for 25 mg and 50 mg)
- Sulindac (Not Subsidized)

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