



Outpatient Surgery



University
Health System

www.UniversityHealthSystem.com

Welcome to Outpatient Surgery at University Hospital. It is our goal to provide a safe and healing environment. We will guide you through every step of the surgical process.

Plan Ahead

- **Visitors/Sponsors**—Please arrange for only two family members or friends to be with you in Outpatient Surgery.
- **Children**—Please do not bring children with you on the day of your surgery.
- **Medications**—Do not take Motrin[®], Advil[®], Aleve[®], aspirin or any medicine that contains aspirin for ten days before your surgery, unless directed by your anesthesiologist or surgeon.
- **While You Wait**—We encourage you to bring reading material or games to use while waiting. The waiting room may be cool. Please bring a jacket or sweater with you.
- **Returning Home**—Please make arrangements for someone to stay with you at home for at least 24 hours after your surgery. Be sure to buy some light foods such as Jell-O[®], soda, Kool-Aid[®] and soup to eat when you return home.
- **Illness**—If you become ill within two days before your procedure, please call your doctor.

Plan for a responsible adult to drive you to and from the hospital. You will not be permitted to drive after surgery. Failure to arrange for a ride home may cause your case to be delayed or cancelled.

The DAY BEFORE your operation

Follow all pre-op instructions given to you by your doctor.

A staff member from Outpatient surgery will call you the afternoon before your surgery. Patients who are scheduled to have surgery on Monday will receive a call on Friday afternoon.

The NIGHT BEFORE your operation

- Take a complete shower or bath and wash your hair.
- It is not necessary to remove acrylic nails or nail polish, but nails should be clean.
- DO NOT eat or drink anything after midnight.
- Get a good night's rest!

Thank you for choosing University Health System!

The DAY of your operation

Do not eat, drink or chew anything (including mints and gum). Do not swallow any water while brushing your teeth. If you are instructed to take a morning dose of medicine, drink only a small amount of water. Bring all of your medicines and inhalers in their labeled containers to the hospital.

Do not wear make-up, perfume, after shave, deodorant or lotion on the day of your surgery. Bring a case for your eyeglasses, contact lenses or dentures. Remove all body jewelry, including piercings, BEFORE coming to the hospital.

Wear loose, comfortable clothing. Remember that your clothes may need to fit over a large bandage when you return home. "Slip-on," non-skid shoes are recommended for your safety and comfort.

Bring only enough money for your insurance co-pay. Please leave all other jewelry, money and valuables at home. We will provide a bag for your clothing when you are in Outpatient Surgery.

When you ARRIVE

You will check in with the admitting clerk in the waiting area and fill out a few forms. You will then be seen by a Registered Nurse and evaluated by an anesthesiologist. You will change into a hospital gown and be transported by stretcher when the Operating Room calls for you. We will do our best to keep you on schedule. However, situations sometimes arise that will cause your wait to be longer. Please bear with us as we serve the needs of all our patients.

AFTER your operation

You will be given wound care instructions, prescriptions and appointment instructions before you are discharged home. An Outpatient Surgery nurse will call you a few days after you return home to check the progress of your recovery.

Failure to follow these precautions could cause your surgery to be cancelled.

Call NurseLink at (210) 358-3000 if you have any problems or questions after you return home.



Directions to Outpatient Surgery

The Outpatient Surgery department is located on the circular driveway to the left of the main entrance of the hospital. Your sponsor may use this convenient entrance to bring you to Outpatient Surgery. Outpatient Surgery can also be found by following the signs in the front lobby.

The department is located on the second floor of the hospital next to the “A” Elevators. There is a paid parking lot in the front of the hospital. One parking ticket will be validated for you the day of your surgery.

Outpatient Surgery Department

2nd floor next to the “A” elevators

Hours of Operation:

Monday, 6 a.m. through Saturday, 3 p.m.

Closed Saturday evening and Sunday

(210) 358-2140

Outpatient Surgery Waiting Area

Hours of Operation:

Monday - Friday

6 a.m. - 8 p.m.

(210) 358-0200

**For your health,
University Hospital is a smoke-free facility**