



University Health System

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Media Advisory

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Diabetes resources you can use

Getting the right information is vital in effectively managing diabetes

BACKGROUND: You've just been diagnosed with diabetes and you're asking yourself: What next? If you've had this question and others, you're not alone. Coping with this deadly and debilitating disease can be overwhelming for diabetics. That's why University Health System's Texas Diabetes Institute and the National League of United Latin American Citizens (LULAC) have joined forces to offer the First Annual Educational Forum on Diabetes: A Latinos in Action Initiative. The community is invited to take part in this forum, where they will learn about the many diabetes resources available to them at no cost.

Key Diabetes Facts:

- Diabetes is the sixth leading cause of death in Texas
- Hispanics are more at-risk for developing diabetes
- More than 5,000 people die each year directly from diabetes complications
- More than 21 million Americans (seven percent of the population) have diabetes
- Millions more have it, but have not been diagnosed. That's why it is called a Silent Killer
- The number of Texans with diabetes is the second-highest in the U.S.

WHAT: First Annual Educational Forum on Diabetes

WHEN: Friday, January 23, 9 a.m. – 3 p.m.
Saturday, January 24, 9 – 11 a.m.

WHERE: University Center for Community Health
701 S. Zarzamora

(Please meet in the front entrance/lobby of University Center for Community Health)