

Nurse-Family Partnership is a voluntary program where highly educated nurses visit low-income women in their homes during their first pregnancy and throughout the first two years of their children's lives to accomplish three goals:

Improve

- Improve pregnancy outcomes by helping women engage in preventive health practices, including obtaining thorough prenatal care from their healthcare providers, improving their diet, and reducing their use of cigarettes, alcohol and illegal substances;

Improve

- Improve child health and development by helping parents provide responsible and competent care for their children; and

Improve

- Improve the economic self-sufficiency of the family by helping parents develop a vision for their own future, plan future pregnancies, continue their education and find work.



For more information:

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"We know the dramatic effect good parenting can have on children. When Nurse-Family Partnership empowers these young women with critical skills and knowledge, fragile families learn how to become healthy families. This is a valuable investment in prevention."

– Estelle Richman, Secretary of Public Welfare, Pennsylvania



Nurse-Family Partnership has been carefully tested during nearly 30 years of ongoing, longitudinal, randomized trials. These scientifically controlled studies have found consistent and dramatic benefits for first-time, low-income mothers and their children. **Nurse-Family Partnership outcomes include:**

Consistent Program Effects Across Multiple Trials

- Improved prenatal health
- Fewer childhood injuries
- Fewer subsequent pregnancies
- Increased intervals between births
- Increased maternal employment
- Improved school readiness



Program Effects at Child Age 15 in First Trial (Elmira, NY 1977)

Benefits to Mothers

- 61% fewer arrests
- 72% fewer convictions
- 98% fewer days in jail

Benefits to Children

- 48% reduction in child abuse and neglect
- 59% reduction in arrests
- 90% reduction in adjudications as PINS (person in need of supervision) for incorrigible behavior

Benefits to Society

- \$17,180 lifetime cost savings for every NFP mother and child (Washington State Institute for Public Policy 2004)
- \$5.70 saved for every \$1 invested in high-risk families (RAND Corporation 2005)

Nurse-Family Partnership is growing. Plans are underway to make the program available to all eligible, first-time mothers in all 50 states.

Nurse-Family Partnership
changes the life trajectories
for both mother and child –
impacting multiple generations.

"Nurse-Family Partnership is one of the few proven methods of preventing our children from tumbling into the juvenile justice system."

– Interim Report of the President's New Freedom Commission on Mental Health; October 29, 2002

"I knew I could trust her (the Nurse-Family Partnership nurse). She was comfortable talking about things I wouldn't talk to anyone else about. In an emergency, she was the first person I'd call and I don't know what I'd have done without her."

– "Giselle" 17 year-old mom



"The breadth of outcomes this program is able to produce is like nothing else we have been able to find. This is the gold standard for early-intervention programs."

– Jennifer Atler, Invest in Kids, Colorado