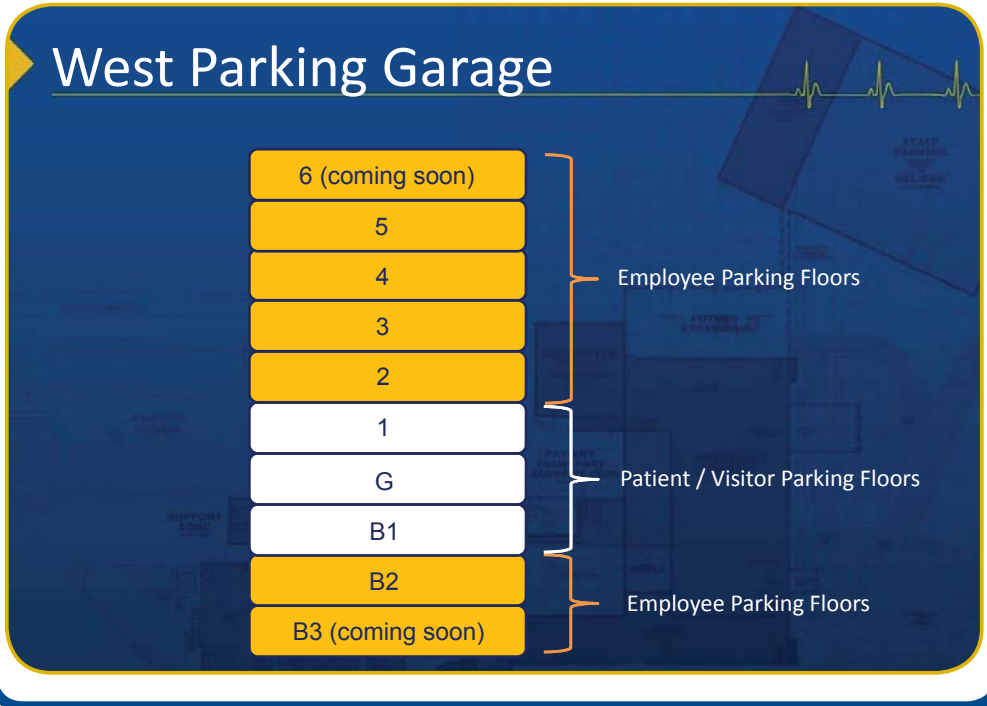


## »... Our patients come first

The new large garage, still under construction at University Hospital, can be confusing for our patients and visitors who may be coming to our campus for the first time. You can do your part to help improve their experience by leaving levels B1, G, and 1 open. Your patience and cooperation is greatly appreciated, as we continue to improve the traffic flow and signage in the West Parking Garage. Please see diagram below showing the multiple levels open for staff to park.

You will notice more open spaces on the upper levels with easy access to the operating elevators.



## »... Lollipop sales will benefit NICU

Lollipops galore will be on sale on February 6-10 and February 13-14, from 11 a.m. to 2 p.m. on the 3rd Floor, outside the cafeteria at University Hospital.

Single lollipops will sell for 25 cents each. Stuffed animal arrangements will be priced from \$2 - \$12. All proceeds will benefit University Health System's (UHS) Neonatal Intensive Care Unit (NICU). The sale is hosted by the San Antonio Alpha Phi Alumnae Chapter.

If you have questions about the event, please contact Carol Flores, coordinator, UHS Foundation, at 358-9860.



# Progress NOTES

### PREPARE FOR ACLS COURSE

Register now for an upcoming AHA ECG and Pharmacology Course. Choose from two sessions scheduled for Thursday, February 16 and Thursday, March 8. Each session is from 8 a.m. - 4:30 p.m. on the 5th Floor Classroom of University Hospital. The AHA course prepares students for the more advanced ACLS course. The course is divided in two sections:

- ECG content (heart anatomy, basic electrophysiology, normal ECG measurements and basic arrhythmias)
- Pharmacology (drugs, doses, routes of administration during cardiac emergencies and integrating basic drug pharmacology into ACLS algorithms)

Each student must purchase the AHA ECG/Pharmacology textbook from the UHS cashier before the class begins.

# infoLINE

Story ideas for infoLINE may be submitted to Corporate Communications & Marketing by calling Julie Wiley, infoLINE editor, at 210.358.2344 or by e-mailing Julie.Wiley@uhs-sa.com.

infoLINE is a publication of University Health System and is designed to bring the latest news and information about University Health System to its employees.



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# infoLINE

A Newsletter for Employees of University Health System

## » • Sharing the prenatal experience

*Centering Pregnancy Program brings mothers-to-be together*

Pregnancy can be a scary time as your body changes, and sometimes you may wonder if other moms-to-be are feeling the same way. Imagine what it would be like to interact with other pregnant ladies during your routine prenatal visits. It is possible, and participants are loving it. It's called the Centering Pregnancy Program at University Health System (UHS).

For nine months, 12 expectant mothers in each group - all due around the same time - meet up to twice a month for two hours to receive health checks, information about the development of their babies, and to share life experiences.

The mothers-to-be meet in a quiet setting, dedicated to their needs, at the Robert B. Green Campus downtown. The groups are designed to create lasting friendships and support, with the help of facilitators Rocio Diaz, a medical assistant, and Jana Sullivan, a certified nurse midwife.

"The sessions include blood pressure and weight checks, as well as monitoring of the baby's heartbeat," explains Sullivan. "These women also get to engage in important group discussions where they share their personal wisdom. It's a lot of fun for them, as well as very educational."

The women also receive a special tour of University Hospital's newborn nursery and labor and delivery unit, where they plan to have their babies.

Sullivan says it's the best time for patients to unwind and reduce the stress in their lives as a group. In addition, Pauline Graham, manager, Women's Health Services, says, "The program has



*The Centering Pregnancy visits include checkups, education and fellowship with other mothers-to-be.*

helped decrease wait times for these patients, as well as increase patient satisfaction." The groups also plan to participate in a baby shower at the end of their pregnancies. "It's kind of like a graduation for them," smiles Sullivan. "We are very proud of these women."

### THIS ISSUE

2. UHS receives \$2.86 million for cervical cancer prevention » Reaching more women in Bexar County
3. I was quite the "tomboy" growing up » This month's Employee Mystery Photo revealed
4. Lollipop sale will benefit NICU » Lollipops go on sale Feb. 6.



# »... I was quite the "tomboy" growing up

## This month's employee mystery child is Andrea Casas, Director of Human Resources.

Andrea was celebrating her first birthday when these photos were taken. Below you can see her surrounded by two very important people in her life—her mom and dad.

Andrea was born and raised in San Antonio. She grew up on her grandfather's farm, located on the city's south side. She says she spent a lot of time with her only brother Anthony and four male cousins. "I always tagged along and was quite the tomboy," she smiles. "I had a wonderful time growing up."

Her parents were both school teachers during Andrea's childhood. "We didn't have much money and even spent one summer in tents but we had so much love and, to me, everything was an adventure," she says.

After her mom left the classroom to start a small trophy and print shop, Andrea found herself spending weekends engraving plaques, printing T-shirts and helping customers. She also helped her mother build creative scenery for plays at her mother's community theatre.

Andrea graduated from Smithson Valley High School. She earned a bachelor's degree in Human Resources from The University of Texas at San Antonio, and a master's degree in Human Resources Development from Webster University in St. Louis, MO.

She began as a recruiter at University Health System (UHS) in 1995 and has been with UHS for 17 years. Andrea was promoted to director of recruitment and employee services in 2001, then promoted again in 2003, as director of human resources.

One of Andrea's favorite things about UHS is the commitment to the community. "There is no greater honor than to help others," she describes. "One of my goals is to reinforce our strong commitment to service excellence and to support the UHS team through our wonderful recognition



## Andrea Casas

program and great human resources services."

Andrea says she enjoys the diversity of her role, which involves supervising the compensation, benefits, recruitment, employment, employee relations and recognition functions. She really enjoys her job and plans to continue her career at UHS for years to come.

When Andrea isn't busy at work, she's spending quality time with family and friends. "I really enjoy doing different projects ... whether its painting, building, sanding and staining furniture, or helping my father at his house in the country," she says. "This probably comes from my parents, as my father taught woodworking and my mother taught speech and drama."

Andrea has been married to Ray for 13 years. They have two fur babies: Maximus, a chocolate Labrador; and Theodore, a tabby cat.

**Get ready to read about next month's Employee Mystery Photo in the February I issue of infoLINE. If you'd like to be featured in a future issue, please send your childhood picture (between the ages of 6 months to 12 years). Send electronic photos to [Julie.Wiley@uhs-sa.com](mailto:Julie.Wiley@uhs-sa.com). You can also send photos through inner-office mail at MS 94-1, ATTN: Julie Wiley. Photos will be returned within two weeks.**

